



# DON BOSCO ARTS & SCIENCE COLLEGE

Accredited by NAAC with B++

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## Attainment of Course Outcomes and Program Outcomes in Outcome Based Education (OBE)

### DEPARTMENT OF PSYCHOLOGY

#### BSc PSYCHOLOGY

##### Programme Outcomes

|       |                         |
|-------|-------------------------|
| PO 1. | Critical Thinking       |
| PO 2. | Effective Citizenship   |
| PO 3. | Effective Communication |
| PO 4. | Interdisciplinarity     |

##### Programme Specific Outcomes

|        |   |
|--------|---|
| PSO 1: | Understand the nature and basic concepts of individual differences, cognitive processes and social behavior.  |
| PSO 2: | Analyze and evaluate the psychological process behind human behavior in social, community, clinical and organizational setting through self-development practices, experiments, psychometric testing, field exposures |
| PSO 3: | Conceptualize the importance and role of experimental, clinical, counselling, health and positive psychology  |
| PSO 4: | Practice scientific inquiry and critical thinking in the process of understanding human behavior  |
| PSO 5: | Assimilate the nature and reasons of human behaviour with reference to his/ her environment and demonstrate ethical and social responsibility in a diverse world  |

## Course Outcome

| I SEMESTER   |  |                      |
|--|--|----------------------|
| Course Name  | Course Outcomes  | Assessment Mechanism |
| <b>1B 01 PSY<br/>Basics of Psychology</b>                    | Familiarize the roots of the discipline and the way it has developed   | Internal Exam-1      |
|  | Understand the nature of psychology as a scientific discipline and its subject matter  | Internal Exam-1      |
|  | Learn the psychodynamic, behavioral, humanistic, cognitive, developmental, socio cultural, biological, and evolutionary perspective with which the psychologists pursue their studies. | Internal Exam-1      |
|  | Conduct Observation, Interview, Survey, Case study, Group discussion and Focus group discussion to understand human behavior in a scientific manner.                                   | Class Test           |
|  | Differentiate the terminologies - Learning and Memory – as used by psychology students and lay persons.  | Internal Exam-2      |
|  | Explain the theories of learning and models of memory and analyse the way in which behavior is explained by the theorists  | Internal Exam-2      |
|  | Evaluate the accuracy of behavior assessment through observation and interview   | Internal Exam-2      |
| <b>1C 01 PSY<br/>Elements of Human Physiology</b>            | Understand the basic human body functioning  | Internal Exam-1      |
|  | Acquire knowledge regarding physiology of cardiovascular, respiratory, digestive and excretory systems   | Internal Exam-1      |
|  | Acquire knowledge regarding physiology of digestive and excretory systems  | Internal Exam 2      |
|  | Analyse the human body's protective mechanism and survival system  | Internal Exam 2      |
|  | Explain the underlying systems of reproduction   | Internal Exam-2      |
| <b>1B 02 PSY<br/>Self Development Practices- Practical 1</b> | Understand the basics of effective communication and presentation.   | Internal Exam        |
|  | Examine communication and presentation skills of self and others.  |                      |
|  | Implementation of positive communication in daily life.  |                      |
|  | Develop essential skills for interpersonal communication   |                      |
| <b>1C01 STA(G&amp;P)<br/>Descriptive Statistics</b>          | Understand the elementary concept in statistics.   | Internal Exam-1      |
|  | Compute various measures of central tendency   | Class Test           |
|  | Compute various measures of dispersion   | Assignment           |
|  | Acquire knowledge in sampling theory.  | Internal Exam-2      |
| II SEMESTER  |  |                      |

| Course Name  | Course Outcomes   | Assessment Mechanism |
|--|---|----------------------|
| <b>2B 03 PSY<br/>Cognitive Process</b>                       | Define attention, sensation, perception, thought, language and consciousness  | Internal Exam-1      |
|  | Understand models of attention and theories of language   | Internal Exam-1      |
|  | Apply the principles of cognition for self-development  | Assignment           |
|  | Differentiate between automatic processing and controlled processing  | Class Test           |
|  | Analyze the laws of sensation and perception  | Internal Exam-2      |
| <b>2C 02 PSY<br/>Physiological Psychology</b>                | Understand Chromosomal Anomalies & Disorders.   | Internal Exam-1      |
|  | Analyze evolutionary and genetic perspectives of behavior   | Internal Exam-1      |
|  | Describe sensory system and its functioning   | Internal Exam 2      |
|  | Identify sensation in relation to perception.   | Internal Exam 2      |
|  | Explain pain behaviour and common disorders related to sensory organs.  | Internal Exam-2      |
| <b>2B 04 PSY<br/>Self Development Practices- Practical 2</b> | Understand strategies for developing self   | Internal Exam        |
|  | Identify the barriers for effective listening and interviewing skill  |                      |
|  | Apply theoretical knowledge to enhance listening skill, analytical skill and interviewing skill   |                      |
|  | Create a positive learning environment through eliminating stress by practicing relaxation exercises                                      |                      |
| <b>2C02STA (G&amp;P)<br/>Statistical Methods</b>             | Analyze the relation between two real life data.  | Internal Exam-1      |
|  | Compute various index numbers and understand their importance in real life.   | Class Test           |
|  | Acquire knowledge in time series data.  | Assignment           |
|  | Compute mortality, fertility and infant mortality rate.   | Internal Exam-2      |
| <b>III SEMESTER</b>  |   |                      |
| Course Name  | Course Outcomes   | Assessment Mechanism |
| <b>3B 05 PSY<br/>Psychology of Individual Differences</b>    | Understand basic concepts of emotion, motivation, intelligence and personality  | Internal Exam-1      |
|  | Describe the psychology of gender.  | Seminar              |
|  | Explain psychoanalytic, type and trait and humanistic approaches to personality.  | Internal Exam-2      |
|  | Identify reasons for different types of behavior in the same context using theories of emotion, motivation, intelligence and personality. | Class Test           |
|  | Apply concepts of emotion and motivation in daily life  | Assignment           |
| <b>3C 03 PSY<br/>Neurobiological</b>                         | Identify structure and functions of neuron.   | Class Test- 1        |
|  | Understand organization of nervous system   | Internal Exam-2      |

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| <b>Perspective</b>   | Analyze influence of hormones on behavior   | Internal Exam 2             |
|  | Evaluate behaviors based on neurobiological perspectives  | Assignment                  |
|  | Create insight about neural basis of behavior.  | Internal Exam-2             |
| <b>3B 06 PSY<br/>Experimental<br/>Psychology-<br/>Practical 1</b>      | Learn to demonstrate the psychological concepts in lab settings.                                  | Internal Exam               |
|  | Learn to administer psychological tests.  |                             |
|  | Learn to interpret psychological test results.  |                             |
|  | Apply psychological experiments for the subjective evaluation and conceptualization.              |                             |
|  | Able to prepare psychological lab report.   |                             |
| <b>3C03STA (G &amp; P)<br/>Probability And<br/>Distribution Theory</b> | Evaluate the probability of events.   | Internal Exam-1             |
|  | Understand the concept of random variable with examples in real life.                             | Class Test                  |
|  | Familiarize with different discrete probability distributions                                     | Assignment                  |
|  | Understand the characteristics of different continuous distribution.                              | Internal Exam-2             |
| <b>IV SEMESTER</b>   |   |                             |
| <b>Course Name</b>   | <b>Course Outcomes</b>  | <b>Assessment Mechanism</b> |
| <b>4B 07 PSY<br/>Lifespan<br/>Development I</b>                        | Understand the meaning, principles and issues related to the process of development.              | Internal Exam-1             |
|  | Identify the periods of development and understand their characteristics.                         | Internal Exam-1             |
|  | Explain the theories of life span development   | Internal Exam-2             |
|  | Explain teratology and hazards to prenatal development  | Class Test                  |
|  | Identify the sensory, motor, cognitive, emotional and socio-cultural context of child development | Assignment                  |
|  | Describe the characteristics of infancy, babyhood and childhood                                   | Internal Exam-2             |
| <b>4C 04 PSY<br/>Biopsychology</b>                                     | Understand the biological basis of behaviour- motivation, sleep, learning, memory and emotion.    | Internal Exam-1             |
|  | Analyze the physiological process underlying psychological process.                               | Class Test                  |
|  | Understand the neural basis of emotion and sexual behaviour                                       | Internal Exam 2             |
|  | Evaluate the biological process underlying level of consciousness.                                | Assignment                  |
|  | Recognize the biological processes behind learning and memory                                     | Internal Exam-2             |

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| <b>4B 08 PSY<br/>Experimental<br/>Psychology-<br/>Practical II</b> | Learn to demonstrate the psychological concepts in lab settings.  | Internal Exam               |
|  | Learn to administer psychological tests.  |                             |
|  | Learn to interpret psychological test results.  |                             |
|  | Apply psychological experiments for the subjective evaluation and conceptualization.  |                             |
|  | Able to prepare psychological lab report.   |                             |
| <b>4C 04 STA (G&amp;P)<br/>Inferential Statistics</b>              | Estimate the parameters.  | Internal Exam-1             |
|  | Understand the concept of statistical hypotheses.   | Class Test                  |
|  | Apply parametric and nonparametric tests.   | Assignment                  |
|  | Apply ANOVA.  | Internal Exam-2             |
| <b>V SEMESTER</b>  |   |                             |
| <b>Course Name</b>   | <b>Course Outcomes</b>  | <b>Assessment Mechanism</b> |
| <b>5B12 PSY<br/>Abnormal<br/>Psychology</b>                        | Conceptualizing abnormality and analyze factors contributing to abnormal behavior   | Internal Exam-1             |
|  | Understand existing classification systems –DSM 5 and ICD 11  | Seminar                     |
|  | Evaluate the multiple influences of abnormal behavior as viewed from bio-psycho-socio-cultural perspectives   | Assignment                  |
|  | Analyzing the symptomatology of anxiety, affective, psychotic spectrum disorders and childhood disorders for enhanced understanding of psychopathology. | Internal Exam-2             |
| <b>5B 09 PSY<br/>Lifespan<br/>Development II</b>                   | Understand the developmental stages from puberty to old age and facing death at Late adulthood.   | Internal Exam-2             |
|  | Identify the challenges faced by adolescents.   | Assignment                  |
|  | Analyze psycho-social determinants of transition from puberty to adolescence.   | Internal Exam 1             |
|  | Evaluate how peer pressure influences adolescence   | Internal Exam 1             |
|  | Create insight for positive changes in individual development.  | Internal Exam-2             |
|  | Explain the changes in the self and social self during late adulthood.  | Internal Exam-2             |
| <b>5B 11 PSY<br/>Psychology of<br/>Lifestyle</b>                   | Define concept of health in psychology.   | Assignment                  |
|  | Understand the concepts of life style, causes of stress, effects and stress management  | Internal Exam-1             |
|  | Explain psychological factors influencing health-related behaviors  | Internal Exam-2             |
| <b>5B 10 PSY<br/>Social Behaviour</b>                              | Analyze the influence of social factors on individual behaviour.  | Internal Exam-1             |
|  | Understand nature and causes of social behaviour and resulting problems in terms of social psychological theories.                                      | Assignment -1               |

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|   | Remember the concepts of social perception and cognition.   | Internal Exam -2            |
|   | Define attitude and process of attitude change.   | Internal Exam -2            |
|   | Analyse social influence and group influence in the social transactions.  | Internal Exam -2            |
| <b>5D 01PSY<br/>Psychology of Life style</b>            | Understand the concept of health and habits related to behaviors.   | Internal Exam               |
|   | Explain the role of Food, Sleep and Exercise in Health.   | Internal Exam               |
|   | Identify personality characteristics and their relationship with health behaviors.  | Class Test                  |
|   | Create habits of physical activities towards building a healthy lifestyle   | Assignment                  |
| <b>5B 13 PSY<br/>Psychological Testing -Practical 1</b> | Understand the basics of the psychological testing.<br>Demonstrate skills to measure psychological functions with psychological tests.<br>Able to interpret psychological test results.<br>Evaluation of psychological attributes through psychometric tests.<br>Prepare psychological test report thereby mapping the psychological aspects of the individual participant. | Internal Lab Exam           |
| <b>VI SEMESTER</b>                                      |   |                             |
| <b>Course Name</b>                                      | <b>Course Outcomes</b>  | <b>Assessment Mechanism</b> |
| <b>6B 14 PSY<br/>Frontiers in Psychology</b>            | Familiarize major areas of applied psychology.  | Assignment                  |
|   | Understand basic concepts in educational, sports, positive, community, environmental, peace, military, forensic, cyber, criminal, media, population, political, neuro, psycho-oncology, rehabilitation and clinical psychology.   | Internal Exam-1             |
|   | Describe the roles and analyze the opportunities of psychologist in educational, sports, positive, community, environmental, peace, military, forensic, cyber, criminal, media, population, political, neuro, psycho-oncology, rehabilitation and clinical psychology.  | Internal Exam-2             |
| <b>6B 15 PSY<br/>Counseling Psychology</b>              | Understand counseling as a helping profession by acquainting it's nature, historical development and the processes involved   | Internal Exam-1             |
|   | Explain the theories of counselling   | Internal Exam-2             |
|   | Develop knowledge and skills required for counselling to render services to society at large  | Internal Exam 1             |
|   | Practice ethical codes and conduct while involving in counselling relationship  | Assignment                  |
|   | Create responsibility to preserve the   | Internal Exam-2             |

|   |  |                    |
|---|--|--------------------|
|   | dignity of counselling as a profession   |                    |
| <b>6B 16 PSY<br/>Organizational<br/>Behavior</b>                  | Understand the basic concepts of organizational behavior   | Internal Exam-1    |
|   | Analyze the underlying factors of work motivation in existing theories                                     | Internal Exam-1    |
|   | Evaluate the processes involved in an organization by conceptualizing its design and structure             | Internal Exam-2    |
|   | Define the organizational culture and their determinants   | Internal Exam-2    |
|   | Explain the stressors at work place and promoting a congenial environment for enhancing well-being         | Seminar            |
|   | Create strategies to motivate employees in an organization   | Assignment         |
| <b>6B 17 PSY<br/>Psychological<br/>Testing - Practical<br/>II</b> | Understand the basics of the psychological testing.  | Internal Lab Exam  |
|   | Demonstrate skills to measure psychological functions with psychological tests.                            |                    |
|   | Able to interpret psychological test results.  |                    |
|   | Evaluation of psychological attributes through psychometric tests.   |                    |
|   | Prepare psychological test report thereby mapping the psychological aspects of the individual participant. |                    |
| <b>6B 18 PSY<br/>Practicum</b>                                    | Assimilate the roles of psychologists in applied areas   | Internal Viva Voce |
|   | Identify settings where the psychological principles could be applied.                                     |                    |
|   | Analyze practical application of psychological principles in real life situations.                         |                    |
|   | Demonstrate social responsibility of psychologist.   |                    |
| <b>6B 19 PSY<br/>Project</b>                                      | Demonstrate context and uses of qualitative research.  | Internal Viva Voce |
|   | Conduct data collection and data analysis  |                    |
|   | Review of texts and documents  |                    |
|   | Identify individual differences and behaviours through research.   |                    |
|   | Demonstrate research interest  |                    |



## MSc COUNSELLING PSYCHOLOGY

### Programme Outcomes

|              |  |
|--------------|--|
| <b>PO 1.</b> | Advanced Knowledge and Skills                |
| <b>PO 2.</b> | Research and Analytical Abilities            |
| <b>PO 3.</b> | Critical Thinking and Problem-Solving Skills |
| <b>PO 4.</b> | Effective Communication Skills               |
| <b>PO5:</b>  | Ethical and Professional Standards           |
| <b>PO6:</b>  | Career Readiness                             |
| <b>PO7:</b>  | Networking and Collaboration                 |
| <b>PO 8:</b> | Lifelong Learning                            |

### Programme Specific Outcomes

|               |   |
|---------------|---|
| <b>PSO 1:</b> | To create strong research oriented theoretical foundation in counseling psychology.   |
| <b>PSO 2:</b> | To understand causes of pathological behavior and its assessments.  |
| <b>PSO 3:</b> | To understand the interaction of individual and group level of analysis within organizations.   |
| <b>PSO 4:</b> | To acquaint the student about the history and approaches towards group work and processes   |
| <b>PSO 5:</b> | To train the student in conducting socio-emotional and psycho-educational groups with skills, techniques and theory developed from systemic perspectives. |
| <b>PSO 6:</b> | To develop a general orientation towards application of applied behavior analysis and cognitive- behaviour therapy in treatment of behavioral disorders.  |
| <b>PSO 7:</b> | To familiarize the students with the basic concepts of applied behavior analysis  |
| <b>PSO 8:</b> | To develop skills for behavioural diagnosis, classification and assessment of behavioral disorder   |

### Course Outcome

| I SEMESTER  |                 |                      |
|-------------|-----------------|----------------------|
| Course Name | Course Outcomes | Assessment Mechanism |



|   |   |                   |
|---|---|-------------------|
| <b>MSCPS01C01<br/>Cognitive Psychology</b>                | Understanding the principles of cognitive psychology  | Internal Exam-1   |
|   | Evaluating research and data related to cognitive psychology  | Class Test        |
|   | Analyzing cognitive concepts and theories   | Assignment        |
|   | Demonstrating the ability to explain cognitive processes  | Internal Exam-2   |
| <b>MSCPS01C02<br/>Theories of Personality</b>             | To gain awareness in the concept and ancient perspectives of personality psychology                         | Assignment        |
|   | To compare and contrast psychoanalytical, neo and post Freudian perspectives of personality                 | Internal Exam-1   |
|   | To justify the cognitive and behavioral approaches of personality   | Class Test        |
|   | To explain humanistic and existential theories of personality and summarize the eastern perspectives.       | Internal Exam-2   |
| <b>MSCPS01C03<br/>Fundamentals of Counselling</b>         | To give the students an in-depth knowledge of the counselling process.                                      | Internal Exam-1   |
|   | Create skills required to make the counselling process effective.   | Class Test        |
|   | To equip the students with knowledge of basic group counselling skills.                                     | Assignment        |
|   | To acquaint students with the process of supervision in counselling practice                                | Internal Exam-2   |
| <b>MSCPS01C04<br/>Psychometry &amp; psychodiagnostics</b> | To develop the knowledge, skills and abilities necessary to conduct effective psycho diagnostic assessments | Internal Exam-1   |
|   | To enable students to identify and analyse various signs and symptoms useful for diagnosis                  | Assignment -1     |
|   | To familiarize the students with the psychological testing in child cases and personality assessments.      | Internal Exam -2  |
|   | To select, administer and interpret psychometric tests for a given client                                   | Class Test        |
| <b>MSCPS01C05<br/>Practical 1</b>                         | To demonstrate self-awareness and to understand self-esteem   | Internal Lab Exam |
|   | To understand the working of various institutions providing counselling services                            |                   |
|   | To develop skills related counselling and working with individuals and groups                               |                   |
|   | To apply knowledge of Self-awareness in own life and in professional practice                               |                   |
| <b>II SEMESTER</b>  |   |                   |
| <b>Course Name</b>  | <b>Course Outcomes</b>  | <b>Assessment</b> |

|   |   | <b>Mechanism</b> |
|---|---|------------------|
| <b>MSCPS02C06<br/>Research methodology and data analysis</b>          | Familiarize the students with the methods in psychological research   | Internal Exam-1  |
|   | Evaluate different methods of sampling and research designs   | Class Test       |
|   | Make the students practice the different analysis methods in psychological research   | Assignment       |
|   | Make the students capable of writing a research report by considering ethical guidelines  | Internal Exam-2  |
| <b>MSCPS02C07<br/>Counselling theories and approaches</b>             | Identify and describe the different types of counselling theories and practices.  | Assignment       |
|   | Evaluate counselling strategies and techniques based on major theories and to identify one's area of interest   | Internal Exam-1  |
|   | Develop a comprehensive model of counselling that incorporates different theories and Practices.  | Class Test       |
|   | Describe creative arts exercises and to develop interest in applying creative arts in counselling.  | Internal Exam-2  |
| <b>MSCPS02C08<br/>Social and cultural foundations for counselling</b> | Understand the foundational principles and theories of social psychology and their relevance to the field of counselling.   | Internal Exam-1  |
|   | Identify and analyse the social factors that influence individuals' thoughts, feelings, and behaviors within the counseling context.  | Class Test       |
|   | Develop practical applications of media in social psychology interventions. including the use of media campaigns, negative media coverage for behavior change and social influence. | Assignment       |
|   | Critically evaluate the ways in which cultural factors interact with socialization processes to shape interpersonal relations.  | Seminar          |
|   | Explore the dynamics of social interactions in the classroom including teacher-student relationships and their effects on student engagement, achievement, and well-being.          | Internal Exam-2  |
| <b>MSCPS02C09</b>   | Identify and recall key psychological disorders   | Internal Exam-1  |

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| <b>Psychopathology</b>                     | and their diagnostic criteria.  |                             |
|  | Explain the underlying theories and models used to understand abnormal behavior.                                  | Seminar                     |
|  | Apply diagnostic criteria to analyse and differentiate between various psychological disorders.                   | Class test                  |
|  | Critically evaluate the effectiveness of different therapeutic interventions for specific psychological disorders | Internal Exam-2             |
| <b>MSCPS02C10<br/>Practical 2</b>          | To enable learners to design experiments in different areas of psychology   | Internal Lab Exam           |
|  | To demonstrate skills of conducting experiments in psychology   |                             |
|  | To select, administer, score and interpret various types of general psychology tools.                             |                             |
|  | To Familiarize students with various assessment tools and tests used in counselling setting                       |                             |
| <b>MSCP02C11<br/>Practicum</b>             | To acquaint the students with real world settings and problems faced by people in these settings                  | Internal Viva Voce          |
|  | To Identify, the different types of counselling interventions.  |                             |
|  | To learn how psychology is applied in various settings  |                             |
|  | To apply counselling skills in a clinical setting.  |                             |
| <b>III SEMESTER</b>                        |   |                             |
| <b>Course Name</b>                         | <b>Course Outcomes</b>  | <b>Assessment Mechanism</b> |
| <b>PSY-E03<br/>Addiction Counselling</b>   | To familiarize the students with the concept of addiction in psychology   | Internal Exam-1             |
|  | To make the students learn the neurobiology of addiction  | Class Test- 1               |
|  | To help the students to get broader understanding about counseling theories used in addiction                     | Class Test- 2               |
|  | To make the students familiarize with interventions used in addiction   | Internal Exam- 1            |
|  | To familiarize with alcohol abuse counseling  | Assignment                  |
| <b>PSY3 – C10<br/>Community Psychology</b> | To familiarize the students with the concept of community psychology  | Internal Exam-1             |
|  | To make the students learn various types and levels of communities  | Class Test- 1               |

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|  | To help the students to get broader understanding on social change   | Class Test- 2               |
|  | To make the students familiarize with community mental health  | Internal Exam- 1            |
|  | To familiarize with the diverse settings of community psychology   | Assignment                  |
| <b>PSY3 – C09<br/>Research methodology &amp; data analysis</b> | To familiarize the students with the methods in psychological research   | Internal Exam-1             |
|  | To make the students learn various sampling techniques and research designs                                      | Class Test- 1               |
|  | To help the students to get broader understanding on report writing and ethical issues in psychological research | Class Test- 2               |
|  | To familiarize with the different research designs   | Internal Exam- 1            |
|  | To make the students familiarize with different methods of analysis  | Assignment                  |
| <b>PSY-E06<br/>Family counselling</b>                          | Help the students to understand the importance of family counseling.   | Internal Exam-1             |
|  | To give awareness about assessment of family context and different theories of family counseling.                | Assignment -1               |
|  | Give awareness about family violence.  | Internal Exam -2            |
| <b>PSY3 P03<br/>Counselling Psychology- Practical</b>          | Practical application of theoretical knowledge to manage real life problems                                      | Internal Lab Exam           |
|  | To equip the students with skills to handle different theoretical approaches to counseling                       |                             |
|  | To familiarize students with counseling in different settings  |                             |
| <b>PSY4C 11<br/>Dissertation</b>                               | To develop skills in psychological research  | Internal Viva Voce          |
|  | To sensitize the students about the need of psychological research   |                             |
|  | Demonstrate competence in conducting original research work on their own   |                             |
| <b>IV SEMESTER</b>   |  |                             |
| <b>Course Name</b>   | <b>Course Outcomes</b>   | <b>Assessment Mechanism</b> |
| <b>PSY-E08<br/>School Counselling</b>                          | To familiarize the students with the history of school counselling   | Internal Exam-1             |
|  | To make the students learn about the role and functions of school counsellors                                    | Class Test- 1               |
|  | To help the students to get broader understanding of the barriers to the healthy development of students         | Class Test- 2               |
|  | To make the students familiarize with primary prevention and intervention  | Internal Exam- 1            |

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|  | strategies related to school counselling   |                     |
|  | To familiarize with the other major problems faced by students.                                  | Assignment          |
| <b>PSY4 C12<br/>Counselling in special settings</b>  | To familiarize the students with the concept of school counseling                                | Internal Exam-1     |
|  | To make the students learn about career counselling  | Class Test- 1       |
|  | To help the students to get broader understanding on marriage and family counseling              | Class Test- 2       |
|  | To make the students familiarize with counseling in the workplace                                | Internal Exam- 1    |
|  | To familiarize with abuse, disability and HIV counseling   | Assignment          |
|  | To help the students understand mental health counseling   | Class test 1        |
| <b>PSY3 P03<br/>Counselling Psychology Practical</b> | Practical application of theoretical knowledge to manage real life problems                      | Internal Lab Exam-2 |
|  | To equip the students with skills to handle different theoretical approaches to counseling       |                     |
|  | To familiarize students with counseling in different settings                                    |                     |
| <b>PSY4C 11<br/>Dissertation</b>                     | To develop skills in psychological research  | Internal Viva       |
|  | To sensitize the students about the need of psychological research                               |                     |
|  | Demonstrate competence in conducting original research work on their own                         |                     |
| <b>PSY4 C13<br/>Practicum</b>                        | To acquaint the students with real world settings and problems faced by people in these settings | Internal Viva       |
|  | To equip them with skills required to manage these problems                                      |                     |
|  | To learn how psychology is applied in various settings   |                     |