



Narrative Report

(Use one form for each programme/event – should be accompanied with participant attendance form)

Province:	INK	Programme Date(s):	27&28, Feb & 5&6 March - 2018
Programme Topic:	Skill training for selected women SHG leaders and its members on Jackfruit Processing		
Programme Objectives:	To give skill training to 40 women in Food Processing especially Jackfruit products To promote IGPs in the selected SHG localities To support the women in the area of marketing, project development and bank linkage		
Target Group:	Unemployed women who are interested to get skilled for IGP		
Total Participants	Male:	No	Programme Venue Address: Don Bosco Arts And Science College Angadikadavu, Iritty, Kannur, Kerala – 670706
	Female:	35	
	Total:	35	
Descriptive profile of Resource Person 1:	Credentials: MR. PM Pathrose is currently the Executive Director of Jeevan Jyothi, an NGO based at Kalpetta, Wayanad, conducting different EDP training for tribal, women and youth. Earlier he was working with as an EDP coordinator of SHREYAS for 27 years, a trainer accredited by EDII, Ahmedabad.		
<i>Name:</i> Mr PM Pathrose			
<i>Organization:</i> Jeevan Jyothi, Kalpetta			
Descriptive profile of Resource Persons 2:	Credentials: She is a Master Trainer of Jeevan Jyothi with special skill training in food processing from CFTRI, Mysore. She is an expert on Jack fruit processing. And won the celebrity Award of Mazhavil Manorama for making more varieties of Jack fruit centred dishes.		
<i>Name:</i> Ms Jessy Jaimon			
<i>Organization:</i> Jeevan Jyothi, Kalpetta			

Detailed narrative description of programme/event activities: *(Describe the methodology used, participants' responsiveness, what the participants learned, etc. Provide as much details as possible.*

A Report on Skill Training in Food Processing (Jackfruit) For Women SHG Members

Feb- March 2018

Organized By DISA Supported By BREADS Bangalore

Don Bosco Initiative For Social Action (DISA) is an extension wing of the Post Graduate Department of Social Work of Don Bosco Arts and Science College. The formation of DISA is based on the aspiration of the Department to reach out to the poor, needy and especially tribal. The focus of DISA activities is on deprived children, youth, widows, tribal, and senior citizens with and for whom we perform different programmes for social empowerment.

The Methodology

It was a four-day skill training program for the women SHG members who were selected according to the prescribed criteria. The facilitator of the project was Mr. K V Sebastian. The facilitator finalizes the list of participants with help of the Project Coordinator, Mr Zaviarkutty Francis. The training was divided in to two modules of two days each for the better understanding of the participants. The Training was done by a team from Wayanad under the supervision of Mr P.M Pathrose who is a person with nearly three decades of experience in the area of EDP and market linkages. The other trainer was also from Wayanad, Ms. Jessy Jaimon, jack fruit processing Expert of Jeevan Jyothi, is an expert in food processing – More than a 100 varieties of Jack fruit items.

The four days training was held between 27th & 28th February and 5th & 6th March 2018 from 10am till by 4pm .The inaugural function began with a prayer song by Ms. Anitt N. Binu, Fr (Dr). K.O. Thomas, Head of the Department of Social Work, presided over the function. Mr Zaviarkutty Francis, Coordinator of the Project, gave

the welcome speech. Fr (Dr) Francis Karackat, Principal of Don Bosco Arts And Science College, Angadikadavu inaugurated the training. Mr. P.M.Pathrose felicitated and Mr. Sebastian K V. proposed the vote of thanks.

Mr PM Pathrose, the chief trainer, gave a brief introduction about the four-day programme. He explained about the effective utilisation of seasonal resources in a healthy and wealthy way. The first session of the training was on how to produce utilising resources most beneficially. Jack fruits are plenty as a seasonal fruit. The main focus of the training was to teach the participants to make use of the resources as and when easily available.

Fr (Dr).Francis Karackat, Principal of the College, spoke about the need for good food and the threats of bad food. The latter often are produced only for the money market and not ensuring the good quality of health. The micro-enterprises that women start can ensure quality products. Fr (Dr). K.O.Thomas spoke about healthy food leading to a healthy lifestyle. Women forget their own skills and capabilities and tend to become subjects of mechanization.

The 35 participants were present for the skill training. The training was conducted at the MCA seminar hall. The training team established a good rapport with the women SHG members. The trainees were very eager to know each and every step in food processing and the preparation of different items on jack fruit. In the first part of the training, the session was handled with a video on history and various medicinal values of jack fruit and jack tree. The training capacitated the participants about the importance of jack fruit as a complete food and medicine.

On the first day the trainees learned about the preparation of different sweet dishes like four varieties of Payasam. The next day the trainees learned to make different types of Pickles. On the third day they were trained on Squashes and jams, Culets all in different flavours. On the fourth day they were trained on chips items, snacks and fried rice.

The recipe was hand over to the participants on condition that it will not be marketed in public. Only if the secret of the recipe remain in the IGP groups, they can sustain their field. At the end of the skill training the team distributed the final product and recipes manual for the follow up among the selected SHG's. They have to do the same procedures at home and practice it until they become master on each item. At the end of four day session there had a common evaluation in the presence of Fr. K.O. Thomas, Mr Zaviarkutty Francis, Mr. K V Sebastian Mrs. Jessy Jaimon and Mr PM Pathrose.

From the selected group some have already planned to start IGP's in their locality. The group from Anara, Manikadave were already in the production and marketing of chips. DISA officials strongly offered handholding support to members and group who are interested production, marketing and related linkages with govt. And other agencies.

Photos of the training on skill training on Jackfruit processing





Enclosures		Other enclosures if any, specify
1. Participants Attendance Form No. DBA/TA.06.1	YES	6.
2. Relevant photos	YES	7.
3. Hand outs distributed to the participants	YES NO	8.
4. News coverage clippings	YES	9.
5. Participant feedback forms (if any)	YES NO	10.

Report prepared by (Name): Mr. Sebastian K V Report Date: 20.03.2018
 Designation: Project Facilitator

Please Note:

1. No fields should be left blank.
2. Provide full names, designation, their organizations, expertise, and other credentials of the resource person(s)
3. Attach the trainee attendance form No. DBA/TA.06.1.
4. Enclose at least five different photographs of programme.
5. Send the **original copies** of this report and the corresponding attendance form (No.DBA/TA.06.1) to national office along
6. See that the report form along with the attendance form and other supporting documents reach National office **within one week** of completion of the programme.