

2016-17

Annual Report of NSS Activities Unit 47 of Don Bosco Arts & Science College



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National Service Scheme Units 47 & 72, Don Bosco Arts & Science College, Angadikkadavu

NSS Units of Don Bosco Arts & Science College, Angadikkadavu: A Short Report of the Activities

The following is a short report of the activities conducted in the college in the academic year 2016-17.

1. Nature Club (10 hour exhibition + 5 hour sale= 15 hours)
 - i. The Nature Club in our college had organized various programmes in the academic year. One of their pet projects was to popularize eco-friendly carry bags. The inauguration of the programme was held on 18/07/2016. As it needs a mass-connect programme, the NSS volunteers executed the programme by selling the carry bags to the surrounding places.
 - ii. The Nature Club had organized a two-day exhibition, on 09th and 10th September, 2017 named "Nostalgia", by exhibiting utility devices ones so common in the past, and also various rare flowers and plants. The NSS volunteers acted as organizers.

2. Manava Karunya Yatra (25 hours total)

As part of the Manava Karunya Yatra, various programmes were conducted such as survey, health camp and sramadan. (The second week of October)

 - a. Health Survey (October 8th and 9th)

A health survey was conducted in the Payancherry Vayanasala area of Iritty Municipality by the volunteers. The NSS volunteers of first year, second year, and third year were divided as various groups and each volunteer group was assigned guides from the Kudumbasree committees of the area. The volunteers visited hundreds of houses in the area to know about their health issues, use of water, and the identified the organic farmers in the area.
 - b. Health Camp: Eye& Kidney Detection
Health camps were conducted as part of the camp in the Malayala Manorama mini auditorium and New Bus Stand Iritty. Volunteers helped the medical team in organizing the event. Hundreds of beneficiaries were there.
 - c. Sramadan
As the health camps were going on in the bus stand area, some of the volunteers engaged in sramadan activities in the Iritty Police Station area. The police officers were so happy that they had given tea and snacks to the volunteers.
 - d. Conference

- Fr. Davies Chiramal reached Iritty town and a public function was organized. He shared various ideas including the key ideas of the Yatra “Nalla Jalam, Nalla Bhakshanam, Nalla Parisaram”. He talked about the kidney diseases and the need to donate organs. The volunteers from various educational institutions in the Iritty area participated in the function and the volunteers of Don Bosco Arts & Science College managed the entire gathering.
3. Blood donation camp (10 hours total)
Two blood donation camps were organized in the academic year.
- i. On 26th August, 2016, we had organized a blood donation camp. The medical team of Thalassery Blood Bank visited the campus.
 - ii. On 21st February 2017, we had organized a blood donation camp as a joint venture with Life Donors of Kerala, an NGO associated with blood donation. The medical officer of Kannur Blood bank organized an awareness programme as well as blood donation.
4. Sanjeevanam: The Palliative Care Unit of Don Bosco Arts & Science College
The pet project of NSS Units of Don Bosco Arts & Science College Angadikkadavu is Sanjeevanam, the Palliative Care Unit. Various programmes were organized as part of the programme such as orientation programme, home care, marketing of products made by patients under palliative care.
- a. Orientation Programme
The NRHM Unit of PHC Angadikkadavu adopted the palliative unit of our college and had given orientation programmes to the volunteers. Dr. Jainy and NRHM Co-ordinator Sanoj, Trainer Mrs. Mini and PHC Palliative Staff Mrs. Ambily etc engaged the programmes.
 - b. Home Care
After giving training to the volunteers, the PHC Palliative Units sent the volunteers to homes of the patients. It was an eye-opening experience for the volunteers. A day was specially allotted every week for the programme.
 - c. Marketing of Palliative Products
The volunteers helped the patients in having a decent livelihood by selling the home made products made by the patients under chronic illnesses. The volunteers sold products such as umbrellas, soap, soap powders, toilet cleaners and so on. This was made possible through two programmes,
 - i. TT Market: The Tuesdays and Thursdays of every week, the volunteers sold the products within the college itself, to the students and faculty members.
 - ii. Marketing in the surrounding Areas: The volunteers sold the items in the surrounding areas including Anappanthi, Angadikkadavu, Vaniyappara, Iritty, and Payancherry Vayanasala areas, as well in their own homes.

We have had helped the patients in this endeavor, and through this project we have helped them get almost 70,000 rupees. The major beneficiaries were Sivan Meppadi, Karunya Bhavan, Kaithachal, Vengad; Saji Varghese Ulikkal, Vattiamthode; and Senath of Thalipparamba. All of them are paraplegic patients.

- iii. Financial Aid to Patients: Our volunteers had collected almost 30,000 rupees to various patients in the area. This includes the patients, Shimna of Payam Mukk, Advin Krishna of Kunithala, Peravoor.
5. Construction of Thadayana (15 hours, on October 1st, 2nd and 3rd)
As part of water conservation programme of the Govt. of Kerala, the volunteers constructed thadayanas in the nearby river of the college.
6. Samanvaya (10 hours by senior volunteers)
A two-day mini-camp was organized in the college for the NSS Volunteers this year, on 22nd and 23rd of January, 2017. Mainly the camp was aimed at giving exposure to the volunteers through orientation programmes, however, as the sports day of the college was approaching, the Physical Education Dept had requested the volunteers to make the college ground useful. The volunteers had to really work hard to make it in a proper way. As it was as an urgent work, volunteers from all the batches had to be deployed and both the union members and faculty members took part in the programme.
7. Sapling plantation (8 hours, June 7th and 8th 2016)
As part of the World Environment Day programmes, the Ayyankunnu Panchayath had requested the NSS Units to help them in planting saplings in the Ayyankunnu area. The volunteers planted tree saplings in the areas including Anappanthi, Vallithode, Angadikkadavu, Karikkottakkary, and Vaniyappara.
8. Organic farming (6 hours)
 - i. As we had planned to have an organic farming in the campus, we planned to give an awareness program to them. With this in mind, on 21st June 2016 we had taken the volunteers to the organic farm of the NSS Unit of Kuthuparamba Higher Secondary School led by Rajan Sir of the School who got award from SEED. In the afternoon, we visited the organic farm at Palapparamb, Thokkilangadi.
 - ii. We had planted agricultural products in grow bags, following the instructions by Rajan sir. (5 hours + maintenance two hour per week= Total 21 hours)