

DON BOSCO ARTS & SCIENCE COLLEGE

ANGADIKADAVU

(Affiliated to Kannur University Approved by Government of Kerala)

ANGADIKADAVU P.O., IRITTY, KANNUR – 670706



COURSE PLAN

DEPARTMENT OF PSYCHOLOGY

(2020 – 22)

SEMESTER - III

ACADEMIC YEAR - (2021-22)

III Semester Department (2020 - 22)

SL. No.	Name of Subjects with Code	Name of the Teacher	Duty Hours per week
1.	PSY3 C09 - RESEARCH METHODOLOGY & DATA ANALYSIS	Dyna Scaria	5
2.	PSY3 C10 - COMMUNITY PSYCHOLOGY	Seemanth Chandran. P.K	5
3.	PSY E03 - ADDICTION COUNSELLING	Dr. Fr. Kuriakose Pallikunnel	5
4.	PSY E06 - FAMILY COUNSELLING	Dyna Scaria	5
	Name of Class Incharge	Manjith R	

TIME TABLE

Day	09.50 Am - 10.45 Am	10.45 Am - 11.40 Am	11.55 Am - 12.50 Pm	01.40 Pm - 02.35 Pm	02.35 Pm - 03.30 Pm	03.35 Pm - 04.30 Pm
1	Dyna Scaria	Fr. Kuriakose	Dyna Scaria	Seemanth Chandran	Research	Counseling psychology Practical
2	Dyna Scaria	Fr. Kuriakose	Dyna Scaria	Seemanth Chandran	Seemanth Chandran	Counseling psychology Practical
3	Dyna Scaria	Fr. Kuriakose	Seemanth Chandran	Dyna Scaria	Research	Counseling psychology Practical
4	Dyna Scaria	Fr. Kuriakose	Dyna Scaria	Seemanth Chandran	Research	Counseling psychology Practical
5	Seemanth Chandran	Fr. Kuriakose	Fr. Kuriakose	Dyna Scaria	Practical	Counseling psychology Practical

Subject Code:	PSY3 C09
Subject Name:	RESEARCH METHODOLOGY & DATA ANALYSIS
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	DYNA SCARIA

SYLLABUS OF RESEARCH METHODOLOGY & DATA ANALYSIS

Objectives

- To familiarize the students with the methods in psychological research
- To make the students learn various sampling techniques and research designs
- To help the students to get broader understanding on report writing and ethical issues in psychological research

Module 1: Introduction:

Scientific research: definition, characteristics, psychological research: goals, basic terms: concepts, constructs, variables, problem- review of literature, hypothesis, types of research- basic and applied, experimental and non-experimental, laboratory experiment, field study and field experiment, quantitative and qualitative, historical research, Stages in research.

Module 2: Sampling & Data collection methods:

Sample and population, normal distribution curve, sampling, probability and non probability sampling: types, primary and secondary data, questionnaire, schedule, interview, observation, survey.

Module 3: Designs of research:

Research design, purpose of research design, criteria of research design, basic principles of experimental designs, types of experimental designs: pre-experimental designs, between group designs, within group designs, quasi experimental designs, small N designs

Module 4: Analysis and interpretation:

Quantitative and qualitative analysis. Qualitative dealing with qualitative data, hypothesis testing: errors, parametric tests: assumptions, correlation, correlation coefficient, Pearson and Spearman, regression, t test, ANOVA, MANOVA, factor analysis, discriminant function analysis, path analysis. non parametric tests: chi-square, Wilcoxon signed rank test, Mann- whitney U test, Kruskal Wallis H test, Friedman test.

Module 5: Writing report and ethical issues:

General purpose of writing a research report, structure and format of report- APA style, preparing a research proposal, computer applications in research- using SPSS, Ethics in research.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	12-07-2021 To 17-07-2021	1	Syllabus introduction
		2	Unit 1 Introduction to research
		3	Scientific research
		4	Characteristics of Scientific research
		5	Psychological research & its Goals
2	19-07-2021 To 24-07-2021	6	Concepts, constructs, variables
		20 July	Bakrid- Holiday
		7	Research Problem
		8	Review of literature
		9	Hypotheses
			Types of research
3	26-07-2021 To 31-07-2021	10	Research Process
		11	Class Test- Module 1
		12	Module 2: Sampling & Data collection methods
		13	Sample and population
		14	Normal distribution curve
4	02-08-2021	15	Sampling & Types

No of Weeks	Dates	Session	Topic
	To 07-08-2021	16	Primary and Secondary data
		17	Data Collection methods
		18	Class test- Module 2
		19	Module 3: Designs of research
5	09-08-2021 To 14-08-2021	20	Purpose of research design
		21	Criteria of research design
		22	Basic principles of experimental designs
		23	Types of experimental designs
		24	Pre-experimental designs
6	16-08-2021 To 21-08-2021	25	Between group designs & Within group designs
		26	Quasi experimental designs, Small N designs
		19 August	Moharam/Onam Vacation
		20 August	Onam Vacation
		21 August	Onam Vacation
7	23-08-2021 To 28-08-2021	23 August	Onam Vacation
		24 August	Onam Vacation
		25 August	Onam Vacation
		26 August	Onam Vacation
		27 August	Onam Vacation
		28 August	Onam Vacation
8	30-08-2021 To 04-09-2021	30 August	Onam Vacation
		27	Class test- Module 3
		28	Module 4: Analysis and interpretation
		29	Quantitative and qualitative analysis
		30	Hypothesis testing: Errors
9	06-09-2021 To 11-09-2021		STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
10	13-09-2021 To 18-09-2021		STUDY LEAVE
			STUDY LEAVE
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
11	20-09-2021 To		I SEMESTER PG EXAMINATION
		21 September	Sree Narayana Guru Samadhi
			I SEMESTER PG EXAMINATION

No of Weeks	Dates	Session	Topic
	25-09-2021		I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
12	27-09-2021 To 02-10-2021	31	Parametric tests-Assumptions
		32	Correlation
		33	Correlation coefficient- Interpretation
		34	Pearson Correlation
		35	Spearman Correlation
		2 October	Gandhi Jayanthi
13	04-10-2021 To 09-10-2021	36	Regression,
		37	t test
		38	ANOVA
		39	MANOVA
		40	Factor analysis
		41	Discriminant function analysis
		42	Path analysis
		14 October	Mahanavami
		15 October	Vijayadasami
15	18-10-2021 To 23-10-2021	43	Non parametric tests
		44	Chi-square test
		19 October	Milad-i-Sherif
		45	Wilcoxon signed rank test
		46	Mann- whitney U test
		47	Kruskal Wallis H test
16	25-10-2021 To 30-10-2021	48	Class test- Module 4 Friedman test
		49	INTERNAL EXAMINATION
		50	INTERNAL EXAMINATION
		51	INTERNAL EXAMINATION
		52	INTERNAL EXAMINATION
17	01-11-2021 To 06-11-2021	53	INTERNAL EXAMINATION
		54	Module 5: Writing report and ethical issues
		55	General purpose of writing a research report
		56	Structure and format of report
18	08-11-2021 To 13-11-2021	4 November	Diwali
		57	APA style
		58	Research proposal preparation
		59	Computer applications in research-SPSS
		60	SPSS training
		61	Ethics in research

No of Weeks	Dates	Session	Topic
19	15-11-2021 To 19-11-2021	62	INTERNAL EXAMINATION
		63	INTERNAL EXAMINATION
		64	INTERNAL EXAMINATION
		65	INTERNAL EXAMINATION
		66	INTERNAL EXAMINATION
20	22-11-2021 To 26-11-2021	67	Class test-Module 5
		68	Revision- Module 1
		69	Revision-Module 2
		70	Revision-Module 3
		71	Revision- Module 4
21	29-11-2021 To 03-12-2021	72	Revision- Module 5
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
22	06-12-2021 To 10-12-2021		II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
23	13-12-2021 To 17-12-2021		
24	20-12-2021 To 24-12-2021		
25			

Subject Code:	PSY3 C10
Subject Name:	COMMUNITY PSYCHOLOGY
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	Seemanth Chandran. P.K

SYLLABUS OF COMMUNITY PSYCHOLOGY

Objectives:

- To give the students an idea regarding community psychology.
- To make them aware about important of community mental health and community problems.
- To develop the basic understanding about human diversity and social change.

Module 1: Introduction

Community psychology: A shift in perspective. First order and second order change. Seven core values in community psychology. Historical and philosophical background. Ecological levels of analysis in community psychology. Methods of community research.

Module 2: Understanding Communities

What is community? Types & levels of communities. Sense of community. Key dimensions of human diversity. Individualism-collectivism spectrum of culture. Liberation and oppression. Identities and acculturation.

Module 3: Social Change

Types, approaches, reason and issues of social change. Creating and sustaining social change, citizen participation, networking, professional change agents: consultants, the non-professionals in community psychology, information dissemination, public policy.

Module 4: Community Mental Health

Community mental health and community mental health centres. Mental health models behavioristic, organizational, ecological and social action model. Prevention and promotion: Caplan primary, secondary, and tertiary prevention. Bower's model- KISS, AID, ICE. The prevention equation. Stress coping and social support. Community psychology in health care setting. M Sc Counselling Psychology

Module 5: community psychology intervention in diverse system.

Community psychology and educational system-problems of education and intervention in education system; delinquency and crime, Community psychology in legal setting and intervention in the criminal justice system, Community psychology in organizational setting - unemployment and under employment.

REFERENCES:

1. Dalton, J. H., Elias, M. J. & Wandersman, A. (2007). Community Psychology Linking Individuals and Communities. USA: Thomson Wadsworth Publication.
2. Duffy, K.P., & Wong, F. Y. (2003). Community Psychology (3rd ed). USA: Pearson education , Inc.
3. Rappaport, J. (1977). Community psychology- values, research and action. USA:Holt, rinchart & Winston.
4. Shanmugam, T.E. (1988). Community psychology. Madras:UTSAV
5. Nelson, G., & Prillettensky, I. (2005). Community psychology- in pursuit of liberation and well being. NewYork: Palgrave Macmillan.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	12-07-2021 To 17-07-2021	1	Syllabus Introduction
		2	Module 1: Introduction
		3	Community psychology: A shift in perspective
		4	First order and second order change.
2	19-07-2021 To 24-07-2021	5	Seven core values in community psychology.
		20 July	Bakrid- Holiday
		6	Historical and philosophical background
		7	Ecological Levels of analysis in community psychology.
		8	Methods of community research.
3	26-07-2021 To 31-07-2021	9	Revision
		10	UNIT TEST
		11	Module 2: Understanding Communities: What is community
		12	Types & levels of communities
4	02-08-2021 To 07-08-2021	13	Sense of community.
		14	Key dimensions of human diversity.
		15	Individualism-collectivism spectrum of culture.
		16	Liberation and oppression.
5	09-08-2021 To 14-08-2021	17	Identities and acculturation.
		18	Revision
		19	UNIT TEST
		20	Module 3: Social Change: Types of Social Change
6	16-08-2021 To 21-08-2021	21	Approaches of social change 1
		22	Approaches of social change 2
		23	Reason and issues of Social Change
		19 August	Moharam/Onam Vacation
		20 August	Onam Vacation
		21 August	Onam Vacation

No of Weeks	Dates	Session	Topic
7	23-08-2021 To 28-08-2021	23 August	Onam Vacation
		24 August	Onam Vacation
		25 August	Onam Vacation
		26 August	Onam Vacation
		27 August	Onam Vacation
		28 August	Onam Vacation
8	30-08-2021 To 04-09-2021	30 August	Onam Vacation
		24	Creating and sustaining social change
		25	Citizen participation
		26	Networking of Social Change
		27	Professional change agents: consultants, the non-professionals in community psychology
9	06-09-2021 To 11-09-2021	28	Information dissemination
		29	Public policy
			STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
10	13-09-2021 To 18-09-2021		STUDY LEAVE
			STUDY LEAVE
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
11	20-09-2021 To 25-09-2021		I SEMESTER PG EXAMINATION
		21 September	Sree Narayana Guru Samadhi
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
		30	Revision Unit 3
12	27-09-2021 To 02-10-2021	31	UNIT TEST
		32	Module 4: Community Mental Health: Community mental health and community mental health centres
		33	Mental health models behavioristic, organizational,

No of Weeks	Dates	Session	Topic
			ecological and social action model.
		34	Prevention and promotion: Caplan primary, secondary, and tertiary prevention.
		2 October	Gandhi Jayanthi
13	04-10-2021 To 09-10-2021	35	Bower's model- KISS,
		36	AID, ICE.
		37	The prevention equation.
		38	Stress coping and social support.
14	11-10-2021 To 16-10-2021	39	Community psychology in health care
		40	Revision
		41	UNIT TEST
		14 October	Mahanavami
		15 October	Vijayadasami
		42	ASSIGNMENT PRESENTATION
15	18-10-2021 To 23-10-2021	43	ASSIGNMENT PRESENTATION
		19 October	Milad-i-Sherif
		44	Module 5: community psychology intervention in diverse system.
		45	Community psychology and educational system problems of education and intervention in education system
		46	Delinquency and crime,
16	25-10-2021 To 30-10-2021	47	INTERNAL EXAMINATION
		48	INTERNAL EXAMINATION
		49	INTERNAL EXAMINATION
		50	INTERNAL EXAMINATION
		51	INTERNAL EXAMINATION
17	01-11-2021 To 06-11-2021	52	Community psychology in legal setting
		53	Intervention in the criminal justice system
		54	Community psychology in organizational setting
		4 November	Diwali
		55	Unemployment and under employment.

No of Weeks	Dates	Session	Topic
18	08-11-2021 To 13-11-2021	56	Community psychology in other areas
		57	Revision
		58	Unit Test
		59	Seminar Allotment
19	15-11-2021 To 19-11-2021	60	INTERNAL EXAMINATION
		61	INTERNAL EXAMINATION
		62	INTERNAL EXAMINATION
		63	INTERNAL EXAMINATION
		64	INTERNAL EXAMINATION
20	22-11-2021 To 26-11-2021	65	SEMINAR PRESENTATION
		66	SEMINAR PRESENTATION
		67	SEMINAR PRESENTATION
		68	SEMINAR PRESENTATION
21	29-11-2021 To 03-12-2021	69	SEMINAR PRESENTATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
22	06-12-2021 To 10-12-2021		II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
		70	REVISION
		71	REVISION
23	13-12-2021 To 17-12-2021	72	REVISION
24	20-12-2021 To 24-12-2021		
25			

Subject Code:	PSY-E03
Subject Name:	ADDICTION COUNSELLING
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	Dr. Fr. Kuriakose Pallikunnel

SYLLABUS OF ADDICTION COUNSELLING

Objectives:

- To give the students an idea regarding counseling process and techniques in specialized area of addiction.
- To give the students a basic knowledge regarding the approaches in addiction counseling.
- To give the students an idea regarding what are the explanations and models of addictive behaviors

Unit 1: Addiction- an introduction

Definition; history; neurochemistry of addiction; Different models of addiction- biological, psychological, social models, moral, medical and harm reduction model. Course and stages of addiction; Types of addictive drugs

Unit 2: Neurobiology of addiction

How do drugs affect nervous system function and behavior- electrochemical communication between neurons, pharmaco-dynamics and pharmacokinetics; pharmacological application to drug abuse; neurobiological substrates of drug reward; brain change in response to prolonged drug exposure.

Unit 3: Counseling theories

Theories of counseling related to addiction treatment- dangers and recommendations. Psychoanalytic, person-centred, control theory, behavior theory and cognitive theory.

Unit 4: Interventions

Crisis intervention- short term counseling, common addiction recovery crisis, individual counseling- genuine counseling, treatment plans; group counseling- types of groups, stages of group development, group leader techniques, specific issues. Family therapy- types of addictive families, basic concepts and techniques, co-dependency; self -help groups and relapse prevention.

Unit 5: Counseling for Alcohol Problems

Understanding Alcohol Problems, therapeutic approaches, process and stages of counseling, dealing with groups, preventing and dealing with relapse.

References

- Coombs, R.H. (2005). Addiction Counseling Review-Preparing For Comprehensive, Certification And Licensing Examinations. USA: Lawrence Erlbaum Associates.
- Miller, G. (2005). Learning the Language of Addiction Counseling (2nd Ed.). USA: John Wiley And Sons.
- Velleman, R. (2011). Counseling for Alcohol Problems. (3rd ed.). London: Sage Publications.
- Rassool, G.H. (2011). Understanding addiction behaviors- theoretical & clinical practice in health & social care. New York: Palgrave Macmillan.
- Johnson, S.L. (2003). Therapists guide to substance abuse intervention. USA: Academic press.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	12-07-2021 To 17-07-2021	1	Syllabus introduction
		2	Unit 1: Addiction- an introduction
		3	Definition
		4	History
		5	Neurochemistry of addiction
2	19-07-2021 To 24-07-2021	6	Different models of addiction
		20 July	Bakrid- Holiday
		7	Biological model
		8	Psychological models
		9	Social and Moral models
3	26-07-2021 To 31-07-2021	10	Medical and harm reduction model
		11	Course and stages of addiction
		12	Types of addictive drugs
		13	Revision
		14	Unit Test
4	02-08-2021 To 07-08-2021	15	Unit 2: Neurobiology of addiction
		16	How do drugs affect nervous system function and behavior
		17	Electrochemical communication between neurons
		18	Pharmaco - dynamics
		19	Pharmacokinetics
5	09-08-2021 To 14-08-2021	20	Pharmacological application to drug abuse
		21	Neurobiological substrates of drug reward
		22	Brain change in response to prolonged drug exposure
		23	Revision
		24	Unit test
6	16-08-2021 To 21-08-2021	25	Unit 3: Counseling theories.
		26	Theories of counseling related to addiction treatment
		27	Dangers and recommendations
		19 August	Moharam/Onam Vacation
		20 August	Onam Vacation
		21 August	Onam Vacation
7	23-08-2021 To	23 August	Onam Vacation
		24 August	Onam Vacation
		25 August	Onam Vacation

No of Weeks	Dates	Session	Topic
	28-08-2021	26 August	Onam Vacation
		27 August	Onam Vacation
		28 August	Onam Vacation
8	30-08-2021 To 04-09-2021	30 August	Onam Vacation
		28	Psychoanalytic
		29	Person centered
		30	Control theory
		31	Behavior theory
		32	Cognitive theory
9	06-09-2021 To 11-09-2021	33	Revision
		34	Unit test
			STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
10	13-09-2021 To 18-09-2021		STUDY LEAVE
			STUDY LEAVE
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
11	20-09-2021 To 25-09-2021		I SEMESTER PG EXAMINATION
		21 September	Sree Narayana Guru Samadhi
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
		35	Assignment
12	27-09-2021 To 02-10-2021	36	Assignment
		37	Seminar
		38	Seminar
		39	Seminar
		40	Seminar
		2 October	Gandhi Jayanthi
13	04-10-2021 To 09-10-2021	41	Unit 4: Interventions
		42	Crisis intervention- techniques
		43	Short term counseling,
		44	Common addiction recovery crisis
		45	Individual counseling

No of Weeks	Dates	Session	Topic
14	11-10-2021 To 16-10-2021	46	Genuine counseling
		47	Treatment plans
		48	Group counseling- types of groups
		14 October	Mahanavami
		15 October	Vijayadasami
		49	Stages of group development
15	18-10-2021 To 23-10-2021	50	Group leader techniques
		19 October	Milad-i-Sherif
		51	Specific issues
		52	Family therapy- types of addictive families
		53	Basic concepts and techniques
		54	Co-dependency
16	25-10-2021 To 30-10-2021		INTERNAL EXAMINATION
			INTERNAL EXAMINATION
			INTERNAL EXAMINATION
			INTERNAL EXAMINATION
			INTERNAL EXAMINATION
		55	Self - help groups and relapse prevention
17	01-11-2021 To 06-11-2021	56	Revision
		57	Unit test
		58	Unit 5: Counseling for Alcohol Problems
		4 November	Diwali
		59	Understanding Alcohol Problems,
		60	Therapeutic approaches,.
18	08-11-2021 To 13-11-2021	61	Process and stages of counseling, s,
		62	Dealing with group
		63	Preventing and dealing with relapse
		64	Revision
		65	Unit test
19	15-11-2021 To 19-11-2021		INTERNAL EXAMINATION
			INTERNAL EXAMINATION
			INTERNAL EXAMINATION
			INTERNAL EXAMINATION
			INTERNAL EXAMINATION
		66	Q&A discussion
20	22-11-2021 To	67	Q&A discussion
		68	Q&A discussion
		69	Q&A discussion

No of Weeks	Dates	Session	Topic
	26-11-2021	70	Final Revision
		71	Final Revision
		72	Final Revision
21	29-11-2021 To 03-12-2021		II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
22	06-12-2021 To 10-12-2021		II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
23	13-12-2021 To 17-12-2021		
24	20-12-2021 To 24-12-2021		
25			

Subject Code:	PSY-E06
Subject Name:	FAMILY COUNSELLING
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	DYNA SCARIA

SYLLABUS OF FAMILY COUNSELLING

Objectives

- To familiarize the students with the methods in psychological research
- To make the students learn various sampling techniques and research designs
- To help the students to get broader understanding on report writing and ethical issues in psychological research

Module 1: Introduction:

Scientific research: definition, characteristics, psychological research: goals, basic terms: concepts, constructs, variables, problem- review of literature, hypothesis, types of research- basic and applied, experimental and non-experimental, laboratory experiment, field study and field experiment, quantitative and qualitative, historical research, Stages in research.

Module 2: Sampling & Data collection methods:

Sample and population, normal distribution curve, sampling, probability and non probability sampling: types, primary and secondary data, questionnaire, schedule, interview, observation, survey.

Module 3: Designs of research:

Research design, purpose of research design, criteria of research design, basic principles of experimental designs, types of experimental designs: pre-experimental designs, between group designs, within group designs, quasi experimental designs, small N designs

Module 4: Analysis and interpretation:

Quantitative and qualitative analysis. Qualitative dealing with qualitative data, hypothesis testing: errors, parametric tests: assumptions, correlation, correlation coefficient, Pearson and Spearman, regression, t test, ANOVA, MANOVA, factor

analysis, discriminant function analysis, path analysis. non parametric tests: chi-square, Wilcoxon signed rank test, Mann- whitney U test, Kruskal Wallis H test, Friedman test,

Module 5: Writing report and ethical issues:

General purpose of writing a research report, structure and format of report- APA style, preparing a research proposal, computer applications in research- using SPSS, Ethics in research.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	12-07-2021 To 17-07-2021	1	Syllabus introduction
		2	Module 1: Family
		3	Family counselling- Nature & Characteristics
		4	The art and science of marriage and family counseling
		5	The changing forms of family life- Seminar
2	19-07-2021 To 24-07-2021	6	The changing forms of family life- Seminar
		20 July	Bakrid- Holiday
		7	The changing forms of family life- Seminar
		8	Origin of family perspectives in counseling
		9	Brief history of family counseling
3	26-07-2021 To 31-07-2021	10	Class test- Module 1
		11	Module 2: Models and Theory of Family Counseling Developmental model of family life
		12	Stages of family life cycle
		13	Family life spiral nature
		14	Family genogram
4	02-08-2021 To 07-08-2021	15	General system theory and systems approach to family counseling,
		16	Communication approach to family counseling,
		17	Human validation process model of family counseling,
		18	Structural family counseling
		19	Strategic family counseling
5	09-08-2021 To	20	Multigenerational family counseling,
		21	Symbolic/ experiential family counseling,
		22	Psychodynamic family counseling

No of Weeks	Dates	Session	Topic
	14-08-2021	23	Adlerian family counselling
		24	Post modern/ social constructionist trends in family counseling
6	16-08-2021 To 21-08-2021	25	The reflecting team
		26	The linguistic approach,
		19 August	Moharam/Onam Vacation
		20 August	Onam Vacation
		21 August	Onam Vacation
7	23-08-2021 To 28-08-2021	23 August	Onam Vacation
		24 August	Onam Vacation
		25 August	Onam Vacation
		26 August	Onam Vacation
		27 August	Onam Vacation
		28 August	Onam Vacation
8	30-08-2021 To 04-09-2021	30 August	Onam Vacation
		27	The narrative approach
		28	Solution oriented counseling,
		29	Feministic counseling,
		30	Class test- Module 2
9	06-09-2021 To 11-09-2021		STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
10	13-09-2021 To 18-09-2021		STUDY LEAVE
			STUDY LEAVE
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
11	20-09-2021 To 25-09-2021		I SEMESTER PG EXAMINATION
		21 September	Sree Narayana Guru Samadhi
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
12	27-09-2021 To 02-10-2021	31	Module 3: Family Violence
		32	Define family violence
		33	Theoretical explanation for family violence,
		34	Sexual assault

No of Weeks	Dates	Session	Topic
		35	Child neglect
		2 October	Gandhi Jayanthi
13	04-10-2021 To 09-10-2021	36	Psychological maltreatment
		37	Child abuse
		38	Dating aggression
		39	Stalking,
		40	Abused and abusive heterosexual partners.
		41	Abused and abusive partners in understudied population,
		42	Adult intimate partner violence
		14 October	Mahanavami
		15 October	Vijayadasami
		43	Class test- Module 3
15	18-10-2021 To 23-10-2021	44	Module 4: Assessing Family context
		19 October	Milad-i-Sherif
		45	Family context
		46	Family assessment general issues
		47	Omnibus rating scales
		48	Parenting style and practices, Parent adjustment.
16	25-10-2021 To 30-10-2021	49	INTERNAL EXAMINATION
		50	INTERNAL EXAMINATION
		51	INTERNAL EXAMINATION
		52	INTERNAL EXAMINATION
		53	INTERNAL EXAMINATION
17	01-11-2021 To 06-11-2021	54	Marital discord and divorce,
		55	Module 5: Counseling Process
		56	Marriage counseling-counseling process, skills
		4 November	Diwali
18	08-11-2021 To 13-11-2021	57	Couple counseling
		58	Marital assessment & assessment of divorce
		59	Family counseling- counseling process
		60	diversity issues in marriage and family counseling,
		61	Limitation of family counseling
19	15-11-2021 To 19-11-2021	62	INTERNAL EXAMINATION
		63	INTERNAL EXAMINATION
		64	INTERNAL EXAMINATION
		65	INTERNAL EXAMINATION
		66	INTERNAL EXAMINATION
20	22-11-2021	67	Infertility counseling

No of Weeks	Dates	Session	Topic
	To 26-11-2021	68	Class test-Module 5
		69	Revision- Module 1
		70	Revision-Module 2
		71	Revision-Module 3
21	29-11-2021 To 03-12-2021	72	Revision- Module 4
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
22	06-12-2021 To 10-12-2021		II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
23	13-12-2021 To 17-12-2021		
24	20-12-2021 To 24-12-2021		
25			

