

DON BOSCO ARTS & SCIENCE COLLEGE
ANGADIKADAVU

(Affiliated to Kannur University Approved by Government of Kerala)
ANGADIKADAVU P.O., IRITTY, KANNUR – 670706



COURSE PLAN

BSW

(2019 – 22)

SEMESTER - II

ACADEMIC YEAR - (2019-20)

II Semester BSW (2019 - 22)

SL. No.	Name of Subjects with Code	Name of the Teacher	Duty Hours per week
1.	2A03 ENG Readings on Life and Nature	Abhirami C.V.	5
2.	2A04 ENG Readings on Gender	Anu P. Thomas	4
3.	2A08 -2 MAL Gadhya Mathrukakal	Rajisha C. K.	4
4.	2A08 -2 HIN Sahithya Aur Prayog	Jainy N. Goerge	
5.	2B02 BSW Working with Individuals and Families	Ayana Swaminadhan S.	4
6.	2B03 BSW Field Work-Development Exposure Social Work Camp	Zaviarkutty Francis	3
7.	2C02 BSW Psychology for Social Work	Jain Joseph	5
	Name of Class Incharge	Ayana Swaminadhan S.	

TIME TABLE

Day	09.50 Am - 10.45 Am	10.45 Am - 11.40 Am	11.55 Am - 12.50 Pm	01.40 Pm - 02.35 Pm	02.35 Pm - 03.30 Pm
1	Anu P. Thomas 2A04ENG	II sem ScLang BCA\BSW	Jain Joseph 2C02BSW	Zhaviarkutty Francis 2B03BSW	Abhirami. C.V. 2A03ENG
2	Abhirami. C.V. 2A03ENG	Ayana Swaminadhan S. 2B02BSW	Jain Joseph 2C02BSW	II sem ScLang BCA\BSW	Anu P. Thomas 2A04ENG
3	Jain Joseph 2C02BSW	II sem ScLang BCA\BSW	Anu P. Thomas 2A04ENG	Anu P. Thomas 2A04ENG	Abhirami. C.V. 2A03ENG
4	II sem ScLang BCA\BSW	Ayana Swaminadhan S. 2B02BSW	Abhirami. C.V. 2A03ENG	Jain Joseph 2C02BSW	Zhaviarkutty Francis 2B03BSW
5	II sem ScLang BCA\BSW	Jain Joseph 2C02BSW	Anu P. Thomas 2A04ENG	Abhirami. C.V. 2A03ENG	Ayana Swaminadhan S. 2B02BSW

Subject Code:	2A03 ENG
Subject Name:	Readings on Life and Nature
No. of Credits:	4
No. of Contact Hours:	90
Hours per Week:	5
Name of the Teacher:	Abhirami C.V.

Objective: -

1. Understand the basic themes and issues related to ecology through articles, poems, stories, life writings, and historical narratives.
2. Assume ecologically friendly attitudes in events related to everyday life.
3. Identify the specific ecological problems related to Kerala.
4. Identify the major ecological movements around the world and within the country.
5. Ability to express specific opinions when confronted with ecology/development binary.
6. Identify the major or minor ecological issues happening around the students' native place.

Module –I:

1. Environmental Studies: Definition, Scope and Importance
2. Concept of an Ecosystem
3. The Fish – Elizabeth Bishop
4. Trophic Cascade – Camille T. Dungy
5. The Rightful inheritors of the Earth – Vaikom Muhammad Basheer

Module – II:

1. Biodiversity
2. Disaster Management: Floods, Earthquakes, Cyclones, Landslides
3. Real Estate – Sebastian
4. The Truth about the Floods – Nissim Ezekiel
5. Matsyagandhi – M Sajitha

Module – III:

1. Role of an Individual in Prevention of Pollution
2. Environmental Values
3. The End of Living – The Beginning of Survival: Chief of Seattle
4. Going Local – Helena Norberg-Hodge

Assignment Topics

1. Document the list of products we use in our daily life that could have originated from a forest ecosystem.
2. Identify the different fish that the local fishermen have caught. Find out from them if the fish catch has decreased, remained the same, or has increased during the last decade or two.

3. Prepare a report on a flood affected area with details on how it happened, the people's reactions, and the steps to be taken to prevent it in the future.
4. Highlight the environmental health hazards caused by e-waste.
5. Prepare a report on how globalization and liberalization affected coconut/rubber/cardamom farmers in Kerala. Make a field study for any one of the farming sector and document it.
6. Impact of globalization on the local economies.
7. Sustainable development is the only way forward.
8. Identify a river nearby and provide a historical profile of and the changes in its environmental status over the years by talking to the local people.
9. Are the natural resources overused due to the number of people that depend on it, or the greed of a few, or both?
10. List out the products you use in your daily life from a grassland ecosystem.
11. Document the environmental assets in your neighbourhood.
12. "Linking of Indian Rivers" – Your comment on it.
13. Corporate Hijack of Agriculture – Prepare a report.
14. Plastic Pollution in your surroundings.
15. Air pollution in your village/town/city.

People in Environment

Ralph Emerson
Henry Thoreau
John Muir
Edward Abbey
Annie Dillard
Leslie Marmon Silko
Aldo Leopold
Rachel Carson
E O Wilson
Salim Ali
Madhav Gadgil
M C Mehta
Anil Agarwal
Medha Patkar
Sunderlal Bahuguna
Kallen Pokkudan
Sugathakumari
Vandana Shiva
Sunita Narain
Greta Thunberg

Major environmental movements in India

Chipko Movement
Jungle Bachao Andholan
Narmada Bachao Andholan
Silent Valley Movement

Prescribed Textbook

***Nature Matters: Readings on Life and Nature*, Board of Editors. MainSpring Publishers, 2019.**

Environmental Literature for Further Reference

1. Pilgrim at Tender Creek – Annie Dillard, 1975.
2. Walden – Henry David Thoreau, 1854
3. Under the Sea Wind – Rachel Carson, 1941.
4. Silent Spring – Rachel Carson, 1962.
5. Small is Beautiful – E F Schumacher
6. Earth Policy Reader – Lester R Brown
7. Eco Economy – Lester R Brown
8. No Logo – Naomi Klein
9. Desert Solitaire – Edward Abbey, 1968
10. Biophilia – E O Wilson
11. The Biodiversity of India – Erach Barucha
12. Down to Earth – Centre for Science and Environment
13. Water in Crisis – H P Gleick
14. Global Biodiversity Assessment – Heywood & Waston, 1995
15. The Call of the Wild – Jack London, 1903
16. I am not a Plastic Bag – Rahel Hope, 2012
17. The Great Derangement – Amitav Ghosh
18. The End of Food – Paul Roberts, 2008
19. The End of Oil – Paul Roberts
20. The World Without Us – Alan Weisman, 2008
21. The One-Straw Revolution – Fukuoka, 2009
22. The End of Nature – Bill McKibben, 1989
23. The Good Earth – Pearl S Buck, 2005
24. Carbon – Daniel Boyd, 2014.
25. Peak – Roland Smith, 2007
26. The Tomorrow Code – Brian Falkner, 2008.
27. The Water Wars – Cameron Stracher, 2011
28. Fast Food Nation – Eric Schlosser, 2001
29. Last Child in the Woods – Richard Louv, 2005

Web Resources on Environment

www.earth-policy.org
www.corecentre.co.in – fact sheet on air pollution
www.dialcomfort.com – online guide to air pollution
www.sciencemuseum.org.uk
www.tedtalk.com

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	18-11-2019 To 23-11-2019	1	Introduction to the syllabus
		19 Nov	Union Inauguration
		2	Environmental Studies: Definition, Scope and Importance
		3	Environmental Studies: Definition, Scope and Importance
		4	Environmental Studies: Definition, Scope and Importance
		5	Group Discussion
		23 Nov	Sports Day
2	25-11-2019 To 29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
3	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
4	09-12-2019 To 13-12-2019	6	The Rightful inheritors of the Earth – Vaikom Muhammad Basheer
		7	The Rightful inheritors of the Earth – Vaikom Muhammad Basheer
		8	The Rightful inheritors of the Earth – Vaikom Muhammad Basheer
		9	Concept of an Ecosystem
		10	Concept of an Ecosystem
		11	Class Test
		12 Dec	Arts Day
		13 Dec	Arts Day
5	16-12-2019	12	The Fish – Elizabeth Bishop

No of Weeks	Dates	Session	Topic
	To 20-12-2019	13	The Fish – Elizabeth Bishop
		14	The Fish – Elizabeth Bishop
		15	Trophic Cascade – Camille T. Dungy
		16	Trophic Cascade – Camille T. Dungy
		20 Dec	Christmas Celebration
6	23-12-2019 To 28-12-2019		Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
7	30-12-2019 To 03-01-2020	17	Seminar
		18	Seminar
		19	Seminar
		20	Seminar
		21	Seminar
		02 Jan	Mannam Jayanthi – Holiday
		22	Biodiversity
8	06-01-2020 To 10-01-2020	23	Biodiversity
		24	Biodiversity
		25	Class Test
		26	Disaster Management: Floods, Earthquakes, Cyclones, Landslides
		27	Disaster Management: Floods, Earthquakes, Cyclones, Landslides
		28	Disaster Management: Floods, Earthquakes, Cyclones, Landslides
		29	Disaster Management: Floods, Earthquakes, Cyclones, Landslides
		30	Group Discussion
9	13-01-2020 To 17-01-2020	31	Real Estate – Sebastian
		32	Real Estate – Sebastian
		33	The Truth about the Floods – Nissim Ezekiel
		34	The Truth about the Floods – Nissim Ezekiel
		35	The Truth about the Floods – Nissim Ezekiel
		36	Matsyagandhi – M Sajitha
		37	Matsyagandhi – M Sajitha

No of Weeks	Dates	Session	Topic
		38	Matsyagandhi – M Sajitha
		39	Matsyagandhi – M Sajitha
10	20-01-2020 To 24-01-2020	20 Jan	First Internal II Semester UG
			First Internal II Semester UG
		22 Jan	First Internal II Semester UG
		40	Role of an Individual in Prevention of Pollution
		41	Role of an Individual in Prevention of Pollution
		42	Seminar
		43	Seminar
		44	Seminar
11	27-01-2020 To 31-01-2020	45	Seminar
		46	Environmental Values
		47	Environmental Values
		48	Environmental Values
		49	Class Test
		50	The End of Living – The Beginning of Survival: Chief of Seattle
		51	The End of Living – The Beginning of Survival: Chief of Seattle
12	03-02-2020 To 07-02-2020	52	The End of Living – The Beginning of Survival: Chief of Seattle
		53	The End of Living – The Beginning of Survival: Chief of Seattle
		54	Assignment
		55	Going Local – Helena Norberg-Hodge
		56	Going Local – Helena Norberg-Hodge
		57	Going Local – Helena Norberg-Hodge
13	10-02-2020 To 14-02-2020	58	Class Test
		59	Ralph Emerson Henry Thoreau John Muir
		60	People in Environment Ralph Emerson Henry Thoreau John Muir
		61	Edward Abbey Annie Dillard Leslie Marmon Silko
		62	Edward Abbey Annie Dillard Leslie Marmon Silko

No of Weeks	Dates	Session	Topic
		63	Aldo Leopald Rachel Carson E O Wilson
14	17-02-2020 To 22-02-2020	64	Aldo Leopald Rachel Carson E O Wilson
		65	Salim Ali Madhav Gadgil M C Mehta
		66	Salim Ali Madhav Gadgil M C Mehta
		21 Feb	Mahasivaratri – Holiday
		67	Group Discussion
15	24-02-2020 To 28-02-2020	24 Feb	College Day
		68	Anil Agarwal Medha Patkar Sunderlal Bahuguna
		69	Anil Agarwal Medha Patkar Sunderlal Bahuguna
		70	Kallen Pokkudan Sugathakumari Vandana Shiva
		71	Kallen Pokkudan Sugathakumari Vandana Shiva
		72	Sunita Narain Greta Thunberg
16	02-03-2020 To 07-03-2020	73	Sunita Narain Greta Thunberg
		74	Assignment
		75	Assignment
		76	Assignment
		77	Major environmental movements in India Chipko Movement
		78	Chipko Movement
17	09-03-2020 To 13-03-2020	79	Jungle Bachao Andholan
		80	Jungle Bachao Andholan
		81	Narmada Bachao Andholan
		82	Narmada Bachao Andholan
		83	Silent Valley Movement

No of Weeks	Dates	Session	Topic
		84	Silent Valley Movement
18	16-03-2020 To 20-03-2020	85	Question Paper Discussion
		86	Question Paper Discussion
		87	Question Paper Discussion
		88	Revision
		89	Revision
		90	Revision
19	23-03-2020 To 27-03-2020	23 Mar	Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
20	30-03-2020 To 03-04-2020		Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin

Subject Code:	2A04 ENG
Subject Name:	Readings on Gender
No. of Credits:	3
No. of Contact Hours:	72
Hours per Week:	4
Name of the Teacher:	Anu P. Thomas

Objective:

To understand the basic gender issues faced by Kerala through articles, poems, stories, life writings and historical narratives.

Module I:

1. An Introduction - Kamala Das
2. Kitchen Rags - Vijila
3. Daskshayani Velayudhan - A Biographical Sketch – Meera Velayudhan
4. Learning to be a Mother - Shashi Deshpande
5. Is this Desirable? - Lalithambika Antharjanam

Module II:

1. Still I Rise - Maya Angelou
2. I Am Not That Woman - Kishwar Naheed
3. Structural Violence and the Trans Struggle for Dignity – Gee Imaan Semmalar
4. Gender Justice and the Media - Ammu Joseph
5. Clothing Matters: Visiting the Melmundusamaram in Keralam - Sheeba K M

Prescribed Textbook; Plural perspectives:

Readings on Gender by Rakhi Raghavan

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	18-11-2019 To 23-11-2019	1	An Introduction - Kamala Das
		19 Nov	Union Inauguration
		2	An Introduction - Kamala Das
		3	An Introduction - Kamala Das
		4	An Introduction - Kamala Das
		5	An Introduction - Kamala Das
		23 Nov	Sports Day
2	25-11-2019 To 29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
3	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
4	09-12-2019 To 13-12-2019	6	An Introduction - Kamala Das
		7	Assignment
		8	Class Test
		9	Kitchen Rags-
		10	Kitchen Rags
		11	Kitchen Rags
		12 Dec	Arts Day
		13 Dec	Arts Day
5	16-12-2019 To	12	Kitchen Rags
		13	Assignment
		14	Revision

No of Weeks	Dates	Session	Topic
	20-12-2019	15	Class Test
		20 Dec	Christmas Celebration
6	23-12-2019 To 28-12-2019		Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
7	30-12-2019 To 03-01-2020	16	Daskshayani Velayudhan - A Biographical Sketch
		17	Daskshayani Velayudhan - A Biographical Sketch
		18	Daskshayani Velayudhan - A Biographical Sketch
		19	Daskshayani Velayudhan - A Biographical Sketch
		02 Jan	Mannam Jayanthi – Holiday
		20	Daskshayani Velayudhan - A Biographical Sketch
8	06-01-2020 To 10-01-2020	21	Assignment
		22	Class Test
		23	Learning to be a Mother
		24	Learning to be a Mother
		25	Learning to be a Mother
		26	Learning to be a Mother
9	13-01-2020 To 17-01-2020	27	Assignment
		28	Class Test
		29	Is this Desirable?
		30	Is this Desirable?
		31	Is this Desirable?
		32	Is this Desirable?
10	20-01-2020 To 24-01-2020	20 Jan	First Internal II Semester UG
			First Internal II Semester UG
		22 Jan	First Internal II Semester UG
		33	Is this Desirable?
		34	Is this Desirable?
		35	Assignment
11	27-01-2020 To 31-01-2020	36	Class Test
		37	I Am Not That Woman
		38	I Am Not That Woman
		39	I Am Not That Woman
		40	I Am Not That Woman

No of Weeks	Dates	Session	Topic
12	03-02-2020 To 07-02-2020	41	I Am Not That Woman
		42	Assignment
		43	Seminar
		44	Class Test
		45	Structural Violence and the Trans Struggle for Dignity
13	10-02-2020 To 14-02-2020	46	Structural Violence and the Trans Struggle for Dignity
		47	Structural Violence and the Trans Struggle for Dignity
		48	Structural Violence and the Trans Struggle for Dignity
		49	Structural Violence and the Trans Struggle for Dignity
14	17-02-2020 To 22-02-2020	50	Seminar
		51	Class Test
		52	Gender Justice and the Media
		21 Feb	Gender Justice and the Media
		53	Mahasivaratri – Holiday
15	24-02-2020 To 28-02-2020	24 Feb	Gender Justice and the Media
		54	College Day
		55	Gender Justice and the Media
		56	Gender Justice and the Media
		57	Gender Justice and the Media
16	02-03-2020 To 07-03-2020	58	Assignment
		59	Seminar
		60	Class Test
		61	Clothing Matters: Visiting the Melmundusamaram in Keralam
		62	Clothing Matters: Visiting the Melmundusamaram in Keralam
17	09-03-2020 To 13-03-2020	63	Clothing Matters: Visiting the Melmundusamaram in Keralam
		64	Clothing Matters: Visiting the Melmundusamaram in Keralam
		65	Clothing Matters: Visiting the Melmundusamaram in Keralam
		66	Clothing Matters: Visiting the Melmundusamaram in Keralam
		67	Clothing Matters: Visiting the Melmundusamaram in Keralam
18	16-03-2020 To	68	Assignment
		69	Class Test
		70	Revision

No of Weeks	Dates	Session	Topic
	20-03-2020	71	Revision
		72	Revision
19	23-03-2020 To 27-03-2020	23 Mar	
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
20	30-03-2020 To 03-04-2020		Second Internal II Semester UG
			Study Leave
			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	Study Leave
			University Exam II Semester UG Begin

Subject Code:	2B02 BSW
Subject Name:	Working with Individuals and Families
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	4
Name of the Teacher:	Ayana Swaminadhan S.

Objective: -

1. Gain overall understanding about problems of individuals and families.
2. Be equipped with different theoretical and practical understanding of social casework.

Module –I:

Social Casework: Definition and Meaning, Similarities and Differences between Social casework & Counseling,

Module – II:

Components of social casework: 4 P's- Person, Problem, Place and Process.

Module – III:

Principles of Social Casework Practice

Module – IV:

Tools and techniques in social case work, professional qualities and skill needs of a social case worker

Module – V:

Practical learning of social case work process.

Books for Reference

1. Aptekar, H. H. (1941). *Basic Concepts in Social Case Work*. University of North Carolina Press.
2. Fischer, J. (1977). *Effective Casework Practice: An Eclectic Approach*. McGraw-Hill College.
3. Hamilton, G. (2013). *Theory and Practice of Social Case Work*. Rawat Publications.
4. Konopka, G. (1963). *Social Group Work: A Helping Process*. Englewood Cliffs, N.J., Prentice- Hall.
5. Mary Woods, F. H. (1999). *Casework: A Psychosocial Therapy*. McGraw-Hill Companies, Incorporated.
6. Perlman, H. H. (2011). *Social Casework: A Problem-Solving Process*. Rawat.
- Richmond, M. E. (2017). *Social Work Series. What Is Social Case Work? an Introductory Description*. Trieste Publishing Pty Limited.
7. Upadhyay, R. (2016). *Social Casework*. Rawat Publishers & Distributors.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	18-11-2019 To 23-11-2019	1	Syllabus discussion
		19 Nov	Union Inauguration
		2	Social case work - Introduction
		3	Social Case work Meaning
		4	Definition of Social Case work
		5	Group Discussion
		23 Nov	Sports Day
2	25-11-2019 To 29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
3	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
4	09-12-2019 To 13-12-2019	6	Counseling Introduction
		7	Definitions of Counseling
		8	Similarities and Differences between Social casework & Counseling
		9	Discussion on Module I
		10	Introducing Counseling practical sessions(Video, Demonstration etc)
		11	Introducing Counseling practical sessions(Video, Demonstration etc)
		12 Dec	Arts Day
		13 Dec	Arts Day
5	16-12-2019	12	Class test on Module I

No of Weeks	Dates	Session	Topic
	To 20-12-2019	13	Components of social casework Introduction
		14	4 Ps- Person
		15	4 Ps- Problem
		20 Dec	Christmas Celebration
6	23-12-2019 To 28-12-2019		Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
7	30-12-2019 To 03-01-2020	16	4 Ps- Place
		17	4 Ps- Process
		18	4 Ps- Process
		19	Discussion on II Module
		02 Jan	Mannam Jayanthi – Holiday
		20	Class test On Second Module
8	06-01-2020 To 10-01-2020	21	Assignment and Seminar Presentation
		22	Assignment and Seminar Presentation
		23	Assignment and Seminar Presentation
		24	Assignment and Seminar Presentation
		25	Assignment and Seminar Presentation
		26	Assignment and Seminar Presentation
9	13-01-2020 To 17-01-2020	27	Assignment and Seminar Presentation
		28	Assignment and Seminar Presentation
		29	Assignment and Seminar Presentation
		30	Assignment and Seminar Presentation
		31	Assignment and Seminar Presentation
		32	Assignment and Seminar Presentation
10	20-01-2020 To	20 Jan	First Internal II Semester UG
			First Internal II Semester UG
		22 Jan	First Internal II Semester UG

No of Weeks	Dates	Session	Topic
	24-01-2020	33	Principles of Social Casework Practice
		34	Principles of Social Casework Practice
		35	Principles of Social Casework Practice
11	27-01-2020 To 31-01-2020	36	Role of Social worker when practicing principles
		37	Discussion on Principles
		38	Class test on Module III
		39	Tools in social case work
		40	Tools in social case work
12	03-02-2020 To 07-02-2020	41	Techniques in social case work
		42	Techniques in social case work
		43	Professional qualities needs of a social case worker
		44	Professional qualities needs of a social case worker
		45	Skill needs of a social case worker
13	10-02-2020 To 14-02-2020	46	Skill needs of a social case worker
		47	Discussion on Module IV
		48	Class test On Module IV
		49	Orientation on Practical learning
14	17-02-2020 To 22-02-2020	50	Video Presentation
		51	Group discussions
		52	Case history taking class
		21 Feb	Mahasivaratri – Holiday
		53	Practical demonstration on Case history taking
15	24-02-2020 To 28-02-2020	24 Feb	College Day
		54	Practical demonstration on Case history taking
		55	Practical demonstration on Case history taking
		56	Practical demonstration on Case history taking
		57	Group discussion on Module V
16	02-03-2020 To 07-03-2020	58	Revision
		59	Revision
		60	Revision
		61	Revision

No of Weeks	Dates	Session	Topic
		62	Revision
17	09-03-2020 To 13-03-2020	63	Revision
		64	Revision
		65	Revision
		66	Revision
		67	Revision
18	16-03-2020 To 20-03-2020	68	Revision
		69	Revision
		70	Revision
		71	Revision
		72	Revision
19	23-03-2020 To 27-03-2020	23 Mar	Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
20	30-03-2020 To 03-04-2020		Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin

Subject Code:	2B03 BSW
Subject Name:	Field Work-Development Exposure Social Work Camp
No. of Credits:	4
No. of Contact Hours:	54
Hours per Week:	3
Name of the Teacher:	Zaviarkutty Francis

Objective: -

- To understand the local level developmental initiatives
- To know the scope of social worker in development
- Develop skills in dealing with society

Module –I:

Leadership- Definition, types/styles, leadership qualities,

Module – II:

Communication- Definition, communication process, types of communication (verbal, non verbal/inter personal, written, formal & informal, visual communication), barriers in communication.

Module – III:

Developmental exposure social work camp

Module – IV:

Reporting the developmental exposure social work camp and presentation of learning, observation, etc of developmental exposure social work camp

Module – V:

Practical sessions for developing communication skills, appropriate body language, public speaking skills, active listening skills, self confidence building, problem solving/negotiation skills, good manners to be kept while dealing with community and clients

Books for Reference

1. Karen Healy, J. M. (2019). *Writing Skills for Social Workers*. SAGE Publications.
2. Koprowska, J. (2014). *Communication and Interpersonal Skills in Social Work*. SAGE Publications.
3. Linda Eileen Gast, M. B. (2014). *Mastering Communication in Social Work: From Understanding to Doing*. Jessica Kingsley Publishers.
4. Paula Beesley, M. W. (2017). *Developing Your Communication Skills in Social Work*. SAGE.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	18-11-2019 To 23-11-2019	1	Familiarizing the Syllabus
		19 Nov	Union Inauguration
		2	Subject Introduction, Pattern of teaching
		3	Students self introduction & expectation
		4	Students self introduction & expectation
		23 Nov	Sports Day
2	25-11-2019 To 29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
3	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
4	09-12-2019 To 13-12-2019	5	Leadership- Definition
		6	Types of leadership
		7	Styles of leadership
		8	Leadership qualities
		12 Dec	Arts Day
		13 Dec	Arts Day
5	16-12-2019 To 20-12-2019	9	Assignment Preparation on Leadership
		10	Assignment Presentation
		11	Assignment Presentation
		20 Dec	Christmas Celebration
6			Christmas – Holiday
			Christmas – Holiday

No of Weeks	Dates	Session	Topic
	23-12-2019 To 28-12-2019		Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
7	30-12-2019 To 03-01-2020	12	Communication- Definition
		13	Communication- process
		02 Jan	Mannam Jayanthi – Holiday
		14	Communication- different types
8	06-01-2020 To 10-01-2020	15	Communication- verbal
		16	Non verbal communication
		17	Inter personal communication
		18	Written communication
9	13-01-2020 To 17-01-2020	19	Formal Communication
		20	Informal communication
		21	Visual Communication
		22	Barriers in Communication
10	20-01-2020 To 24-01-2020	20 Jan	First Internal II Semester UG
			First Internal II Semester UG
		22 Jan	First Internal II Semester UG
		23	Preparation for Social Work camp at Cheriya Areekkamala
11	27-01-2020 To 31-01-2020	24	Field work camp at Cheriya Areekkamala
		25	Field work camp at Cheriya Areekkamala
		26	Field work camp at Cheriya Areekkamala
		27	Field work camp at Cheriya Areekkamala
12	03-02-2020 To 07-02-2020	28	Field work camp at Cheriya Areekkamala
		29	Field work camp at Cheriya Areekkamala
		30	Field work camp at Cheriya Areekkamala
		31	Field work camp at Cheriya Areekkamala
13	10-02-2020 To 14-02-2020	32	Field work camp at Cheriya Areekkamala
		33	Field work camp at Cheriya Areekkamala
		34	Camp Report Presentation
		35	Camp Report Presentation
14	17-02-2020 To 22-02-2020	36	Camp Report Presentation
		37	Camp Report Presentation
		21 Feb	Mahasivaratri – Holiday
		38	Internal Examination

No of Weeks	Dates	Session	Topic
15	24-02-2020 To 28-02-2020	24 Feb	College Day
		39	Role plays by students on different communication techniques
		40	Role plays by students on different communication techniques
		41	Role plays by students on different communication techniques
		42	Role plays by students on different communication techniques
16	02-03-2020 To 07-03-2020	43	Role plays by students on different communication techniques
		44	Importance of body language in communication
		45	Importance of body language in communication
		46	Importance of body language in communication
17	09-03-2020 To 13-03-2020	47	Observation skills
		48	Listening skills
		49	Public speaking skills
		50	Self confidence building
18	16-03-2020 To 20-03-2020	51	Problem solving skills
		52	Mannerism with clients
		53	Assignments on communication skills
		54	Internal Examination
19	23-03-2020 To 27-03-2020	23 Mar	Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
20	30-03-2020 To 03-04-2020		Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin

Subject Code:	2C02 BSW
Subject Name:	Psychology for Social Work
No. of Credits:	4
No. of Contact Hours:	90
Hours per Week:	5
Name of the Teacher:	Jain Joseph

Objective: -

- To enable students to understand the basic nature and scope of psychology.
- To provide the students with an overview of various psychological aspects which are relevant in social work.

Module –I:

Psychology- Definition, Origin, nature and scope

Module – II:

Motivation -Definition and types, Maslow's need hierarchy

Module – III:

Emotions - Definition, types and emotional intelligence

Module – IV:

Personality -Definition, origin of personality and psycho analytical theory

Intelligence - Definition, concepts of IQ, Measuring IQ

Module – V:

Social psychology- Personal behavior, learning theory, personality and violence institutional and societal.

Books for Reference

- Cicarelli, S. (2008). *Psychology*. New Delhi: Pearson Education.
- Mitterer, D. C. (2007). *Introduction to Psychology*. USA: Wadsworth.
- Hasan, Q. (1998). *Applied Psychology: Indian Perspective*. Gyan Publishing House.
- Ingleby, E. (2010). *Applied Psychology for Social Work*. Sage Publications Ltd.
- Maslow, A. (2019). *A Theory of Human Motivation*. United Kingdom : Independently Published.
- O'Brien, E. Z. (2015). *Psychology for Social Work : A Comprehensive Guide to Human Growth and Development*. MacMillan Education UK.

TEACHING SCHEDULE

No of Weeks	Dates	Session	Topic
1	18-11-2019 To 23-11-2019	1	Psychology- Definition
		19 Nov	Union Inauguration
		2	Origin of Psychology: Ancient times
		3	Origin of Psychology: Structuralism
		4	Origin of Psychology: Functionalism
		5	Origin of Psychology: Behaviourism
		23 Nov	Sports Day
2	25-11-2019 To 29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
3	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
			Semester Break
4	09-12-2019 To 13-12-2019	6	Origin of Psychology: Cognitive
		7	Origin of Psychology: Gestalt
		8	Origin of Psychology: Psycho-analytic
		9	Origin of Psychology: Humanistic
		10	Nature of Psychology
		11	Scope of Psychology
		12 Dec	Arts Day
		13 Dec	Arts Day
5	16-12-2019	12	Branches of Psychology
		13	Revision

No of Weeks	Dates	Session	Topic
	To 20-12-2019	14	Class Test
		15	Motivation -Definition
		16	Meaning
		20 Dec	Christmas Celebration
6	23-12-2019 To 28-12-2019		Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
			Christmas – Holiday
7	30-12-2019 To 03-01-2020	17	Types of motivation
		18	Types of motivation
		19	Maslow’s need hierarchy
		20	Maslow’s need hierarchy
		21	Needs and Drives
		02 Jan	Mannam Jayanthi – Holiday
		22	Revision
8	06-01-2020 To 10-01-2020	23	Class Test
		24	Emotions - Definition
		25	Characteristics of emotion
		26	Types of emotions
		27	Types of emotions
		28	Emotional intelligence
		29	Emotional intelligence
		30	Revision
9	13-01-2020 To 17-01-2020	31	Presentation
		32	Class test
		33	Personality -Definition
		34	Social factors influencing personality
		35	Origin of personality
		36	Origin of personality
		37	Development of personality
		38	Psycho analytical theory
		39	Psycho analytical theory
10	20-01-2020 To	20 Jan	First Internal II Semester UG
			First Internal II Semester UG
		22 Jan	First Internal II Semester UG

No of Weeks	Dates	Session	Topic
	24-01-2020	40	Intelligence - Definition
		41	Nature of intelligence
		42	Concepts of IQ
		43	Measuring IQ
		44	Measuring IQ
11	27-01-2020 To 31-01-2020	45	Assignment Presentation
		46	Assignment Presentation
		47	Assignment Presentation
		48	Assignment Presentation
		49	Assignment Presentation
		50	Revision
		51	Class Test
12	03-02-2020 To 07-02-2020	52	Social psychology: Meaning
		53	Importance
		54	Use of Social psychology
		55	Personal behaviour
		56	Personal behaviour
		57	Learning theory
13	10-02-2020 To 14-02-2020	58	Classical Conditioning Theory
		59	Classical Conditioning Theory
		60	Gestalt Theory
		61	Gestalt Theory
		62	Reinforcement Theory
		63	Reinforcement Theory
14	17-02-2020 To 22-02-2020	64	Operant Conditioning
		65	Personality and violence
		66	Personality and violence
		21 Feb	Mahasivaratri – Holiday
		67	Institutional violence
15	24-02-2020 To 28-02-2020	24 Feb	College Day
		68	Societal violence
		69	Societal violence
		70	Group discussion
		71	Group discussion
		72	Assignment Presentation
16	02-03-2020	73	Assignment Presentation
		74	Assignment Presentation

No of Weeks	Dates	Session	Topic
	To 07-03-2020	75	Assignment Presentation
		76	Assignment Presentation
		77	Revision of Module 1
		78	Revision of Module1
17	09-03-2020 To 13-03-2020	79	Class test of module -1
		80	Revision of Module 2
		81	Revision of Module 2
		82	Class test of module - 2
		83	Revision of Module 3
		84	Revision of Module 3
18	16-03-2020 To 20-03-2020	85	Class test of module - 3
		86	Revision of Module 4
		87	Class test of module - 4
		88	Revision of Module 5
		89	Revision of Module 5
		90	Class test of module - 5
19	23-03-2020 To 27-03-2020	23 Mar	Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
20	30-03-2020 To 03-04-2020		Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin