DON BOSCO ARTS & SCIENCE COLLEGE ANGADIKADAVU

(Affiliated to Kannur University Approved by Government of Kerala) ANGADIKADAVU P.O., IRITTY, KANNUR – 670706



COURSE PLAN

BSc PSYCHOLOGY (2019 – 22)

SEMESTER - II

ACADEMIC YEAR - (2019-20)

	II Semester BSc Psychology (2019 - 22)						
SL. No.	Name of Subjects with Code	Name of the Teacher	Duty Hours per week				
1.	2A03 ENG Readings on Life and Nature	Abhirami C.V.	5				
2.	2A04 ENG Readings on Gender	Sr. Mercy Thomas	4				
3.	2A08 MAL Kavitha Mathrukakal	Vineesh T.K.	4				
4.	2A08 HIN Rachana Thatha Prayog	Rabina V.					
5.	2B03PSY Cognitive Process	Athira Alex	3				
6.	2B04PSY Self Development Practices-Practical	Sr. Leema Jacob	1				
7.	2C02STA Statistical Methods	Fathimathul Nithasha Beegam I.	4				
8.	2 C 02 PSY Physiological Psychology	Sr. Leema Jacob	4				
	Name of Class Incharge	Sr. Leema Jacob					

TIME TABLE

Day	09.50 Am - 10.45 Am	10.45 Am -11.40 Am	11.55 Am -12.50 Pm	01.40 Pm - 02.35 Pm	02.35 Pm - 03.30 Pm
1	2A08 MAL Kavitha Mathrukakal/ 2A08 HIN Rachana Thatha Prayog	2C02STA Statistical Methods	2A03 ENG Readings on Life and Nature	2B03PSY Cognitive Process	2A04 ENG Readings on Gender
2	2A04 ENG Readings on Gender	2A03 ENG Readings on Life and Nature	2C02STA Statistical Methods	2C02 PSY Physiological Psychology	2A08 MAL Kavitha Mathrukakal/ 2A08 HIN Rachana Thatha Prayog
3	2A03 ENG Readings on Life and Nature	2C02STA Statistical Methods	2A04 ENG Readings on Gender	2C02 PSY Physiological Psychology	2A08 MAL Kavitha Mathrukakal/ 2A08 HIN Rachana Thatha Prayog
4	2A03 ENG Readings on Life and Nature	2C02 PSY Physiological Psychology	2A08 MAL Kavitha Mathrukakal/ 2A08 HIN Rachana Thatha Prayog	2C02STA Statistical Methods	2B03PSY Cognitive Process
5	2C02 PSY Physiological Psychology	2B03PSY Cognitive Process	2C02 PSY Physiological Psychology	2A04 ENG Readings on Gender	2A03 ENG Readings on Life and Nature

Subject Code:	2A03 ENG		
Subject Name:	Readings on Life and Nature		
No. of Credits:	4		
No. of Contact Hours:	90		
Hours per Week:	5		
Name of the Teacher:	Abhirami C.V.		

- 1. Understand the basic themes and issues related to ecology through articles, poems, stories, life writings, and historical narratives.
- 2. Assume ecologically friendly attitudes in events related to everyday life.
- 3. Identify the specific ecological problems related to Kerala.
- 4. Identify the major ecological movements around the world and within the country.
- 5. Ability to express specific opinions when confronted with ecology/development binary.
- 6. Identify the major or minor ecological issues happening around the students' native place.

Module –I:

- 1. Environmental Studies: Definition, Scope and Importance
- 2. Concept of an Ecosystem
- 3. The Fish Elizabeth Bishop
- 4. Trophic Cascade Camille T. Dungy
- 5. The Rightful inheritors of the Earth Vaikom Muhammad Basheer

Module – II:

- 1. Biodiversity
- 2. Disaster Management: Floods, Earthquakes, Cyclones, Landslides
- 3. Real Estate Sebastian
- 4. The Truth about the Floods Nissim Ezekiel
- 5. Matsyagandhi M Sajitha

Module – III:

- 1. Role of an Individual in Prevention of Pollution
- 2. Environmental Values
- 3. The End of Living The Beginning of Survival: Chief of Seattle
- 4. Going Local Helena Norberg-Hodge

Assignment Topics

- 1. Document the list of products we use in our daily life that could have originated from a forest ecosystem.
- 2. Identify the different fish that the local fishermen have caught. Find out from them if the fish catch has decreased, remained the same, or has increased during the last decade or two.

- 3. Prepare a report on a flood affected area with details on how it happened, the people's reactions, and the steps to be taken to prevent it in the future.
- 4. Highlight the environmental health hazards caused by e-waste.
- 5. Prepare a report on how globalization and liberalization affected coconut/rubber/cardamom farmers in Kerala. Make a field study for any one of the farming sector and document it.
- 6. Impact of globalization on the local economies.
- 7. Sustainable development is the only way forward.
- 8. Identify a river nearby and provide a historical profile of and the changes in its environmental status over the years by talking to the local people.
- 9. Are the natural resources overused due to the number of people that depend on it, or the greed of a few, or both?
- 10. List out the products you use in your daily life from a grassland ecosystem.
- 11. Document the environmental assets in your neighbourhood.
- 12. "Linking of Indian Rivers" Your comment on it.
- 13. Corporate Hijack of Agriculture Prepare a report.
- 14. Plastic Pollution in your surroundings.
- 15. Air pollution in your village/town/city.

People in Environment

Ralph Emerson Henry Thoreau John Muir Edward Abbey Annie Dillard Leslie Marmon Silko Aldo Leopald Rachel Carson E O Wilson Salim Ali Madhav Gadgil M C Mehta Anil Agarwal Medha Patkar Sunderlal Bahuguna Kallen Pokkudan Sugathakumari Vandana Shiva Sunita Narain Greta Thunberg

Major environmental movements in India

Chipko Movement Jungle Bachao Andholan Narmada Bachao Andholan Silent Valley Movement

Prescribed Textbook

Nature Matters: Readings on Life and Nature, Board of Editors. MainSpring Publishers, 2019.

Environmental Literature for Further Reference

- 1. Pilgrim at Tender Creek Annie Dillard, 1975.
- 2. Walden Henry David Thoreau, 1854
- 3. Under the Sea Wind Rachel Carson, 1941.
- 4. Silent Spring Rachel Carson, 1962.
- 5. Small is Beautiful E F Schumacher
- 6. Earth Policy Reader Lester R Brown
- 7. Eco Economy Lester R Brown
- 8. No Logo Naomi Klein
- 9. Desert Solitaire Edward Abbey, 1968
- 10. Biophilia E O Wilson
- 11. The Biodiversity of India Erach Barucha
- 12. Down to Earth Centre for Science and Environment
- 13. Water in Crisis H P Gleick
- 14. Global Biodiversity Assessment Heywood & Waston, 1995
- 15. The Call of the Wild Jack London, 1903
- 16. I am not a Plastic Bag Rahel Hope, 2012
- 17. The Great Derangement Amitav Ghosh
- 18. The End of Food Paul Roberts, 2008
- 19. The End of Oil Paul Roberts
- 20. The World Without Us Alan Weisman, 2008
- 21. The One-Straw Revolution Fukuoka, 2009
- 22. The End of Nature Bill McKibben, 1989
- 23. The Good Earth Pearl S Buck, 2005
- 24. Carbon Daniel Boyd, 2014.
- 25. Peak Roland Smith, 2007
- 26. The Tomorrow Code Brian Falkner, 2008.
- 27. The Water Wars Cameron Stracher, 2011
- 28. Fast Food Nation Eric Schlosser, 2001
- 29. Last Child in the Woods Richard Louv, 2005

Web Resources on Environment

www.earth-policy.org www.corecentre.co.in – fact sheet on air pollution www.dialcomfort.com – online guide to air pollution www.sciencemuseum.og.uk www.tedtalk.com

No of Weeks	Dates	Session	Торіс
		1	Introduction to the syllabus
		19 Nov	Union Inauguration
	18-11-2019	2	Environmental Studies: Definition, Scope and Importance
1	To 23-11-2019	3	Environmental Studies: Definition, Scope and Importance
		4	Environmental Studies: Definition, Scope and Importance
		5	Group Discussion
		23 Nov	Sports Day
			Semester Break
			Semester Break
			Semester Break
	25-11-2019		Semester Break
2	То		Semester Break
	29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
3			Semester Break
•			Semester Break
		6	The Rightful inheritors of the Earth – Vaikom Muhammad Basheer
		7	The Rightful inheritors of the Earth – Vaikom Muhammad Basheer
4	09-12-2019 To	8	The Rightful inheritors of the Earth – Vaikom Muhammad Basheer
4		9	Concept of an Ecosystem
	13-12-2019	10	Concept of an Ecosystem
		11	Class Test
		12 Dec	Arts Day
		13 Dec	Arts Day
5	16-12-2019	12	The Fish – Elizabeth Bishop

No of Weeks	Dates	Session	Торіс
	То	13	The Fish – Elizabeth Bishop
	20-12-2019	14	The Fish – Elizabeth Bishop
		15	Trophic Cascade – Camille T. Dungy
		16	Trophic Cascade – Camille T. Dungy
		20 Dec	Christmas Celebration
			Christmas – Holiday
			Christmas – Holiday
	23-12-2019		Christmas – Holiday
6			Christmas – Holiday
	To		Christmas – Holiday
	28-12-2019		Christmas – Holiday
			Christmas – Holiday
		17	Seminar
		18	Seminar
	30-12-2019	19	Seminar
7	То	20	Seminar
	03-01-2020	21	Seminar
		02 Jan	Mannam Jayanthi – Holiday
		22	Biodiversity
		23	Biodiversity
		24	Biodiversity
		25	Class Test
		26	Disaster Management: Floods, Earthquakes, Cyclones,
	06-01-2020		Landslides
8	То	27	Disaster Management: Floods, Earthquakes, Cyclones,
	10-01-2020		Landslides
		28	Disaster Management: Floods, Earthquakes, Cyclones, Landslides
		29	Disaster Management: Floods, Earthquakes, Cyclones, Landslides
		30	Group Discussion
		31	Real Estate – Sebastian
		32	Real Estate – Sebastian
	13-01-2020	33	The Truth about the Floods – Nissim Ezekiel
9	То	34	The Truth about the Floods – Nissim Ezekiel
	17-01-2020	35	The Truth about the Floods – Nissim Ezekiel
		36	Matsyagandhi – M Sajitha
		37	Matsyagandhi – M Sajitha

No of Weeks	Dates	Session	Торіс
		38	Matsyagandhi – M Sajitha
		39	Matsyagandhi – M Sajitha
		20 Jan	First Internal II Semester UG
			First Internal II Semester UG
	20-01-2020	22 Jan	First Internal II Semester UG
10	20-01-2020 To	40	Role of an Individual in Prevention of Pollution
10	24-01-2020	41	Role of an Individual in Prevention of Pollution
	24-01-2020	42	Seminar
		43	Seminar
		44	Seminar
		45	Seminar
		46	Environmental Values
	07 01 0000	47	Environmental Values
	27-01-2020	48	Environmental Values
11	То	49	Class Test
	31-01-2020	50	The End of Living – The Beginning of Survival: Chief of Seattle
		51	The End of Living – The Beginning of Survival: Chief of Seattle
	03-02-2020	52	The End of Living – The Beginning of Survival: Chief of Seattle
		53	The End of Living – The Beginning of Survival: Chief of Seattle
12	То	54	Assignment
	07-02-2020	55	Going Local – Helena Norberg-Hodge
		56	Going Local – Helena Norberg-Hodge
		57	Going Local – Helena Norberg-Hodge
		58	Class Test
		59	Ralph Emerson Henry Thoreau John Muir
13	10-02-2020 To 14-02-2020	60	People in Environment Ralph Emerson Henry Thoreau John Muir
		61	Edward Abbey Annie Dillard Leslie Marmon Silko
		62	Edward Abbey Annie Dillard Leslie Marmon Silko

No of Weeks	Dates	Session	Торіс
		63	Aldo Leopald Rachel Carson E O Wilson
		64	Aldo Leopald Rachel Carson E O Wilson
14	17-02-2020 To	65	Salim Ali Madhav Gadgil M C Mehta
	22-02-2020	66	Salim Ali Madhav Gadgil M C Mehta
		21 Feb	Mahasivaratri – Holiday
		67	Group Discussion
		24 Feb	College Day
	24-02-2020 To 28-02-2020	68	Anil Agarwal Medha Patkar Sunderlal Bahuguna
		69	Anil Agarwal Medha Patkar Sunderlal Bahuguna
15		70	Kallen Pokkudan Sugathakumari Vandana Shiva
		71	Kallen Pokkudan Sugathakumari Vandana Shiva
		72	Sunita Narain Greta Thunberg
		73	Sunita Narain Greta Thunberg
	02-03-2020	74	Assignment
16	02-03-2020 To	75	Assignment
10	07-03-2020	76	Assignment
	07-05-2020	77	Major environmental movements in India Chipko Movement
		78	Chipko Movement
		79	Jungle Bachao Andholan
	09-03-2020	80	Jungle Bachao Andholan
17	То	81	Narmada Bachao Andholan
	13-03-2020	82	Narmada Bachao Andholan
		83	Silent Valley Movement

No of Weeks	Dates	Session	Торіс
		84	Silent Valley Movement
		85	Question Paper Discussion
	16-03-2020	86	Question Paper Discussion
18	To	87	Question Paper Discussion
10	20-03-2020	88	Revision
	20-03-2020	89	Revision
		90	Revision
	23-03-2020 To 27-03-2020	23 Mar	Second Internal II Semester UG
			Second Internal II Semester UG
19			Second Internal II Semester UG
19			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Study Leave
	30-03-2020		Study Leave
20	To		Study Leave
20	03-04-2020		Study Leave
	03-04-2020		Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin

Subject Code:	2A04 ENG			
Subject Name:	Readings on Gender			
No. of Credits:	3			
No. of Contact Hours:	72			
Hours per Week:	4			
Name of the Teacher:	Sr. Mercy Thomas			

To understand the basic gender issues faced by Kerala through articles, poems, stories, life writings and historical narratives.

Module I:

- 1. An Introduction Kamala Das
- 2. Kitchen Rags Vijila
- 3. Daskshayani Velayudhan A Biographical Sketch Meera Velayudhan
- 4. Learning to be a Mother Shashi Deshpande
- 5. Is this Desirable? Lalithambika Antharjanam

Module II:

- 1. Still I Rise Maya Angelou
- 2. I Am Not That Woman Kishwar Naheed
- 3. Structural Violence and the Trans Struggle for Dignity Gee Imaan Semmalar
- 4. Gender Justice and the Media Ammu Joseph
- 5. Clothing Matters: Visiting the Melmundusamaram in Keralam Sheeba K M

Prescribed Textbook; Plural perspectives:

Readings on Gender by Rakhi Raghavan

No of Weeks	Dates	Session	Торіс
		1	An Introduction - Kamala Das
		19 Nov	Union Inauguration
	18-11-2019	2	An Introduction - Kamala Das
1	То	3	An Introduction - Kamala Das
	23-11-2019	4	An Introduction - Kamala Das
		5	An Introduction - Kamala Das
		23 Nov	Sports Day
			Semester Break
			Semester Break
			Semester Break
	25-11-2019		Semester Break
2	То		Semester Break
	29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
3			Semester Break
~			Semester Break
		6	An Introduction - Kamala Das
		7	Assignment
	09-12-2019	8	Class Test
4	То	9	Kitchen Rags-
	13-12-2019	10	Kitchen Rags
	13-12-2019	11	Kitchen Rags
		12 Dec	Arts Day
		13 Dec	Arts Day
	16-12-2019	12	Kitchen Rags
5	To	13	Assignment
		14	Revision

No of Weeks	Dates	Session	Торіс
	20-12-2019	15	Class Test
		20 Dec	Christmas Celebration
			Christmas – Holiday
			Christmas – Holiday
	23-12-2019		Christmas – Holiday
6	To		Christmas – Holiday
	28-12-2019		Christmas – Holiday
	20-12-2019		Christmas – Holiday
			Christmas – Holiday
		16	Daskshayani Velayudhan - A Biographical Sketch
	30-12-2019	17	Daskshayani Velayudhan - A Biographical Sketch
7	То	18	Daskshayani Velayudhan - A Biographical Sketch
· ·	03-01-2020	19	Daskshayani Velayudhan - A Biographical Sketch
	03-01-2020	02 Jan	Mannam Jayanthi – Holiday
		20	Daskshayani Velayudhan - A Biographical Sketch
		21	Assignment
	06-01-2020 To 10-01-2020	22	Class Test
8		23	Learning to be a Mother
0		24	Learning to be a Mother
		25	Learning to be a Mother
		26	Learning to be a Mother
	13-01-2020	27	Assignment
		28	Class Test
9	То	29	Is this Desirable?
	17-01-2020	30	Is this Desirable?
	17-01-2020	31	Is this Desirable?
		32	Is this Desirable?
		20 Jan	First Internal II Semester UG
	20-01-2020		First Internal II Semester UG
10	То	22 Jan	First Internal II Semester UG
10	24-01-2020	33	Is this Desirable?
	24-01-2020	34	Is this Desirable?
		35	Assignment
		36	Class Test
11	27-01-2020	37	I Am Not That Woman
	То	38	I Am Not That Woman
	31-01-2020	39	I Am Not That Woman
		40	I Am Not That Woman

No of Weeks	Dates	Session	Торіс
		41	I Am Not That Woman
	03-02-2020	42	Assignment
12	То	43	Seminar
	07-02-2020	44	Class Test
		45	Structural Violence and the Trans Struggle for Dignity
	10-02-2020	46	Structural Violence and the Trans Struggle for Dignity
13	То	47	Structural Violence and the Trans Struggle for Dignity
15	14-02-2020	48	Structural Violence and the Trans Struggle for Dignity
	14-02-2020	49	Structural Violence and the Trans Struggle for Dignity
		50	Seminar
	17-02-2020	51	Class Test
14	То	52	Gender Justice and the Media
	22-02-2020	21 Feb	Gender Justice and the Media
		53	Mahasivaratri – Holiday
		24 Feb	Gender Justice and the Media
	24-02-2020	54	College Day
15	To 28-02-2020	55	Gender Justice and the Media
		56	Gender Justice and the Media
		57	Gender Justice and the Media
		58	Assignment
		59	Seminar
	02-03-2020 To 07-03-2020	60	Class Test
16		61	Clothing Matters: Visiting the Melmundusamaram in Keralam
		62	Clothing Matters: Visiting the Melmundusamaram in Keralam
		63	Clothing Matters: Visiting the Melmundusamaram in Keralam
	00.02.2020	64	Clothing Matters: Visiting the Melmundusamaram in Keralam
17	09-03-2020 To	65	Clothing Matters: Visiting the Melmundusamaram in Keralam
	13-03-2020	66	Clothing Matters: Visiting the Melmundusamaram in Keralam
		67	Clothing Matters: Visiting the Melmundusamaram in Keralam
	16.02.2020	68	Assignment
18	16-03-2020	69	Class Test
	То	70	Revision

No of Weeks	Dates	Session	Торіс
	20-03-2020	71	Revision
		72	Revision
		23 Mar	
	23-03-2020		Second Internal II Semester UG
19	23-03-2020 To		Second Internal II Semester UG
19	-		Second Internal II Semester UG
	27-03-2020		Second Internal II Semester UG
			Second Internal II Semester UG
	30-03-2020 To 03-04-2020		Second Internal II Semester UG
			Study Leave
20			Study Leave
20			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	Study Leave
			University Exam II Semester UG Begin

Subject Code:	2B 03 PSY		
Subject Name:	Cognitive Process		
No. of Credits:	3		
No. of Contact Hours:	54		
Hours per Week:	3		
Name of the Teacher:	Athira Alex		

- 1: Define attention, sensation, perception, thought, language and consciousness
- 2: Understand models of attention and theories of language
- 3: Apply the principles of cognition for self-development
- 4: Differentiate between automatic processing and controlled processing
- 5: Analyze the laws of sensation and perception

Module –I:

Unit I: Attention

Attention- concept and definition, Factors affecting attention, span of attention, distraction of attention, division of attention, selective attention, shifting of attention. Models of attention filter theory, attenuation theory, late selection theory, multimode theory, capacity and mental effort; schema theory.

Module – II:

Unit II: Sensation and Perception.

Sensation and Psycho physics: definition, concepts- absolute threshold. Difference threshold- Weber's law, Fechner's law, signal detection theory, subliminal perception. Methods- method of limit, method of adjustment, method of constant stimuli. Gestalt principles- gestalt laws of perceptual organization, gestalt approach to figure ground segregation, Depth perception monocular cues – relative size, linear perspective, texture gradient, atmospheric perspective, interposition, motion parallax- binocular cues- convergence, retinal disparity. Visual illusion: Mullerlyer, Ponzo illusion, Ames room, the moon illusions and the Hermann grid. Extra sensory perception.

Module – III:

Unit III: Thought

Thinking: basic elements of thought-concepts, proposition, images. Types of concepts, functions of concepts. Thinking and creativity- stages. Problem solving-stages, methods: trial and error, algorithm, mean end analysis, analogy. Meta

cognitive processing. Reasoning: inductive and deductive reasoning. Decision making- judgment and heuristics-availability, representativeness, anchoring and adjustment. Sources of error- role of mood states, beliefs, confirmation bias, hindsight, functional fixedness, mental set.

Module – IV:

Unit IV: Language

Language: definition, Components of language development- phonological, semantic, syntax. Theories of language development- social learning, Chomsky, cognitive theory. Language and thought-how language connects to thought-Whorfian hypothesis.

Module – V:

Unit V: Consciousness

Definition, Continuum of consciousness, circadian rhythm, sleep- stages, dreamstheories, Altered states of consciousness- hypnosis, meditation, and drug induced.

Prescribed Textbook

- 1. Baron, R.A. (2013) Psychology. India: Dorling Kindersley.
- 2. Cicarelli, S.K.,& Meyer. G. E. (2008). Psychology. New Delhi: Pearson Education
- 3. Weiten, B. (2011). Psychology: themes and variations. USA: Wardsworth.

Books for Reference

- 1. Myers, 2010 Psychology (9th ed.). New York: Worth publishers.
- 2. Galotti, K.M. (1990). Cognitive psychology in and out of the laboratory (2nd ed). Bangalore: Wadsworth publishing company.
- 3. Goldstein, E.B. (2008) Sensation and Perception. India: Cengage learning
- 4. Kellogg, R.T. (2003). Cognitive psychology (2nd ed.). India: sage publications
- 5. Plotnik, R & Kouyoumdjian, H (2008). Introduction to Psychology (9th ed.). USA: Cengage learning
- 6. Riegler, B.R, &Riegler, G.R. (2012). Cognitive Psychology: Applying the science of the mind (2nd ed.). India: Dorling Kindersely.
- 7. Hunt, R & Ellis. Fundamentals of cognitive psychology (7th ed.). Tata McGraw hill

No of Weeks	Dates	Session	Торіс
		1	Attention- concept and definition
		19 Nov	Union Inauguration
	18-11-2019	2	Factors affecting attention
1	То	3	Span of attention, distraction of attention, division of attention, selective attention, shifting of attention.
	23-11-2019	4	Models of attention, filter theory, attenuation theory, late selection theory, multimode theory
		23 Nov	Sports Day
			Semester Break
			Semester Break
			Semester Break
	25-11-2019		Semester Break
2	То		Semester Break
	29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
	01-12-2019 To 05-12-2019		Semester Break
			Semester Break
			Semester Break
3			Semester Break
5			Semester Break
		5	Filter theory, attenuation theory, late selection theory, multimode theory
	09-12-2019	6	Filter theory, attenuation theory, late selection theory, multimode theory
4	То	7	Capacity and mental effort; schema theory.
	13-12-2019	8	Class test
		12 Dec	Arts Day
		13 Dec	Arts Day
5	16-12-2019	9	Sensation and Psycho physics: definition, concepts absolute threshold.
	То	10	Difference threshold- Weber's law, Fechner's law, signal

No of Weeks	Dates	Session	Торіс
	20-12-2019		detection theory, subliminal perception.
		11	Difference threshold- Weber's law, Fechner's law, signal
		11	detection theory, subliminal perception.
		20 Dec	Christmas Celebration
			Christmas – Holiday
			Christmas – Holiday
	23-12-2019		Christmas – Holiday
6	То		Christmas – Holiday
	28-12-2019		Christmas – Holiday
	20-12-2019		Christmas – Holiday
			Christmas – Holiday
	30-12-2019	12	Methods- method of limit, method of adjustment, method of constant stimuli.
7	То	13	Gestalt principles- gestalt laws of perceptual organization
	03-01-2020	02 Jan	Mannam Jayanthi – Holiday
		14	Gestalt principles- gestalt laws of perceptual organization
		15	Gestalt approach to figure ground segregation
		16	Gestalt approach to figure ground segregation
	06-01-2020 To 10-01-2020	17	Depth perception monocular cues – relative size, linear
8			perspective, texture gradient, atmospheric perspective,
			interposition, motion parallax
		18	Depth perception binocular cues- convergence, retinal
			disparity.
	13-01-2020	19	Visual illusion Mullerlyer, Ponzo illusion, Ames room, the moon illusions and the Hermann Grid
9	To	20	Extra sensory perception.
	17-01-2020	20	Extra sensory perception.
	17-01-2020	22	Class test
		20 Jan	First Internal II Semester UG
	20-01-2020		First Internal II Semester UG
10	То	22 Jan	First Internal II Semester UG
	24-01-2020	23	Thinking: basic elements of thought-concepts, proposition,
			images. Types of concepts, functions of concepts.
	27-01-2020	24	Thinking and creativity- stages
11		25	Problem solving- stages, methods: trial and error, algorithm, mean end analysis, analogy.
11	To 21.01.2020	26	Meta cognitive processing.
	31-01-2020	20	Reasoning inductive and deductive reasoning
10	02 02 2020	27	Decision making
12	03-02-2020	20	Decision making

Dates	Session	Торіс
To 07-02-2020	29	Judgment and heuristics-availability, representativeness, anchoring and adjustment
0.0220	30	Sources of error- role of mood states, beliefs, confirmation bias, hindsight, functional fixedness, mental set.
	31	Sources of error- role of mood states, beliefs, confirmation bias, hindsight, functional fixedness, mental set.
	32	Class Test
10-02-2020	33	Language: definition and characteristics
To	34	Components of language development- phonological, semantic, syntax.
14-02-2020	35	Theories of language development- social learning, Chomsky, cognitive theory
17 02 2020	36	Language and thought- how language connects to thought- Whorfian hypothesis.
То	37	Language and thought- how language connects to thought- Whorfian hypothesis.
22-02-2020	21 Feb	Mahasivaratri – Holiday
	38	Class Test
	24 Feb	College Day
24-02-2020 To 28-02-2020	39	Definition of consciousness Altered states of
		consciousness- hypnosis, meditation, drug induced.
		Continuum of consciousness, circadian rhythm
		Continuum of consciousness, circadian rhythm
		Sleep- stages
02-03-2020		Sleep- stages
То		Sleep- disorder
07-03-2020		Sleep- disorder
		Altered states of consciousness- hypnosis
09-03-2020		Altered states of consciousness- hypnosis
То		Dreams- theories
13-03-2020		Dreams- theories
		Meditation, drug induced State Meditation, drug induced State
16-03-2020		Revision
То		Revision
20-03-2020		Revision
		Second Internal II Semester UG
23-03-2020	ao mui	Second Internal II Semester UG
То		Second Internal II Semester UG
	To 07-02-2020 10-02-2020 To 10-02-2020 To 14-02-2020 17-02-2020 To 22-02-2020 02-03-2020 02-03-2020 09-03-2020 To 13-03-2020 To 20-03-2020	To 29 07-02-2020 30 30 31 31 32 33 33 10-02-2020 33 To 34 14-02-2020 35 14-02-2020 37 22-02-2020 37 22-02-2020 37 22-02-2020 37 22-02-2020 39 To 38 24-02-2020 39 To 40 28-02-2020 43 40 42 02-03-2020 43 40 45 07-03-2020 43 40 45 07-03-2020 44 45 49 13-03-2020 46 49 50 16-03-2020 51 50 53 20-03-2020 54 23-03-2020 54

No of Weeks	Dates	Session	Торіс
	27-03-2020		Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
	30-03-2020 To 03-04-2020		Study Leave
			Study Leave
20			Study Leave
20			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin

Subject Code:	2B 04 PSY	
Subject Name:	Self Development Practices-Practical	
No. of Credits:	2	
No. of Contact Hours:	18	
Hours per Week:	1	
Name of the Teacher:	Sr. Leema Jacob	

- 1. Understand strategies for developing self
- 2. Identify the barriers for effective listening and interviewing skill
- 3. Apply theoretical knowledge to enhance listening skill, analytical skill and interviewing skill
- 4. Create a positive learning environment through eliminating stress by practicing relaxation exercises

Module –I:

Unit I :Listening skills

Differentiate listening and hearing in psychology profession. Characteristics of a dynamic listener. The process of active listening, receiving, attending, interpreting, responding; Stepsin active listening; barriers to effective listening, tips for effective listening; Recognizing and overcoming listening obstacles. Critical listening. *Activity:* Instruct the students to actively listen to the audio played narrating a story or situation. Evaluate their level of listening capacity ability of the student.

Module – II:

Unit II :Interviewing skill

Foundation of successful interviews. Appropriateness of various types of interviews. Managing interviews, obstacles in psychological interviews. Accurate interpretation of interviews. Goals and roles of psychological interviews in various settings. *Activity:* Select a topic of interest under the supervision of the faculty and conduct the interview. Evaluation of the verbatim should be made assessing the interview skill of the students

Module – III:

Unit III: Simple Relaxation techniques

Meditation, pranayama, mindfulness relaxation, visualization. *Activity:* Practice the simple relaxation exercises under the supervision and prepare introspection report. Evaluation of the practice will be done based on the introspective report

Prescribed Textbook

- 1. Learmonth, L. (2016). An introduction to listening skills. USA: Lulu Press Inc
- 2. Evans, D. R., Hearn, M. T., Uhlemann, M. R., & Ivey, A. E. (2010). Essential
- 3. interviewing: A programmed approach to effective communication. USA: Cengage Learning
- 4. Baker, G. S. (2011). Fitly Spoken: Developing effective communication and social skills. Chandler, AZ: Brighton publishing LLC
- 5. Alidina, S. (2012). Relaxation for Dummies. England: John Wiley
- 6. Stephens, M. (2010). Teaching Yoga: Essential foundations and techniques. California: North Atlantic books

No of Weeks	Dates	Session	Торіс
1	18-11-2019 To 23-11-2019	1 19 Nov 23 Nov	Listening skills Differentiate listening and hearing in psychology profession. Union Inauguration Sports Day
2	25-11-2019 To 29-11-2019		Semester BreakSemester Break
3	01-12-2019 To 05-12-2019		Semester BreakSemester Break
4	09-12-2019 To 13-12-2019	2 12 Dec 13 Dec	Characteristics of a dynamic listener. Arts Day Arts Day
5	16-12-2019 To 20-12-2019	3 20 Dec	The process of active listening Christmas Celebration
6	23-12-2019 To 28-12-2019		Christmas – Holiday Christmas – Holiday Christmas – Holiday Christmas – Holiday Christmas – Holiday Christmas – Holiday

No of Weeks	Dates	Session	Торіс
	30-12-2019	4	Receiving, attending, interpreting, responding.
7	То 03-01-2020	02 Jan	Mannam Jayanthi – Holiday
8	06-01-2020 To	5	Steps in active listening; barriers to effective listening, tips for effective listening;
0	10-01-2020	6	Recognizing and overcoming listening obstacles. Critical listening.
9	13-01-2020 To	7	Interviewing skill Foundation of successful interviews. Appropriateness of various types of interviews.
	17-01-2020	8	Managing interviews, obstacles in psychological interviews.
	20-01-2020	20 Jan	First Internal II Semester UG
10	To 24-01-2020		First Internal II Semester UG
		22 Jan	First Internal II Semester UG
		9	Accurate interpretation of interviews.
11	27-01-2020 To	10	Goals and roles of psychological interviews in various settings
	31-01-2020	11	Meditation
12	03-02-2020 To 07-02-2020	12	Pranayama
13	10-02-2020 To 14-02-2020	13	Mindfulness relaxation
14	17-02-2020	21 Feb	Mahasivaratri – Holiday
14	То 22-02-2020	14	Visualization.
	24-02-2020	24 Feb	College Day
15	To 28-02-2020	15	<i>Activity:</i> Practice the simple relaxation exercises under the supervision and prepare introspection report. Evaluation of the practice will be done based on the introspective report

No of Weeks	Dates	Session	Торіс
16	02-03-2020 To 07-03-2020	16	<i>Activity:</i> Select a topic of interest under the supervision of the faculty and conduct the interview. Evaluation of the verbatim should be made assessing the interview skill of the students
17	09-03-2020 To 13-03-2020	17	<i>Activity:</i> Instruct the students to actively listen to the audio played narrating a story or situation. Evaluate their level of listening capacity ability of the student.
18	16-03-2020 To 20-03-2020	18	Revision
	23-03-2020 To 27-03-2020	23 Mar	Second Internal II Semester UG
			Second Internal II Semester UG
19			Second Internal II Semester UG
17			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Study Leave
	30-03-2020		Study Leave
20	То		Study Leave
	03-04-2020		Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin

Subject Code:	2C02STA
Subject Name:	Statistical Methods
No. of Credits:	3
No. of Contact Hours:	72
Hours per Week:	4
Name of the Teacher:	Fathimathul Nithasha Beegam I.

Student should be able to

- 1: analyse the relation between two real life data.
- 2: compute various index numbers and understand their importance in real life.
- **3:** acquire knowledge in time series data.
- **4:** compute mortality, fertility and infant mortality rate.

Module –I:

Unit I: Correlation analysis - concept of correlation, method of studying correlation, scatter diagram, Karl Pearson correlation coefficient, Spearman rank correlation coefficient (with and without ties) (22 Hrs)

Module – II:

Unit II: Regression analysis - Fitting of curves of the form linear, linear regression, regression equations (concept only), relation between correlation and regression coefficients. **(20 Hrs)**

Module – III:

Unit III: Index numbers and Time Series - Meaning and use of index numbers, simple and weighted index numbers, Laspeyer's, Paache's and Fisher's index numbers, Test for good index number, cost of living index number. Definition and use of time series, Components of time series, measurement of secular trend semi average, moving average and least square method (linear function only) (**20 Hrs**)

Module – IV:

Unit IV: Vital Statistics - Sources of vital statistics, rates and ratios, various measures of mortality and fertility-CDR, SDR, infant mortality rate, CBR, SBR, TFR, GRR, NRR age specific birth rate (**10 Hrs**)

Prescribed Textbook

1. S.P Gupta: Statistical Methods, Sultan Chand and Sons

2. S.C Gupta and V.K. Kapoor: Fundamentals of Applied Statistics, Sultan Chand and Sons

Books for Reference

1. Rogger Till: Statistical methods for the earth scientists- An Introduction: Mc Millan.

2. John Silk: Statistical concepts in Geography, George Allan and Unwin

3. Prem S Mann : Introductory Statistics 5th Edition, Wiley

No of Weeks	Dates	Session	Торіс
		1	Introduction
		19 Nov	Union Inauguration
	18-11-2019	2	Module 1 – Correlation Analysis
1	То	3	Concept of Correlation
	23-11-2019	4	Concept of Correlation
		5	Types of Correlation with examples
		23 Nov	Sports Day
			Semester Break
			Semester Break
			Semester Break
	25-11-2019		Semester Break
2	То		Semester Break
	29-11-2019		Semester Break
			Semester Break
			Semester Break
			Semester Break
	01-12-2019 To		Semester Break
			Semester Break
3			Semester Break
			Semester Break
	05-12-2019		Semester Break
	03-12-2017		Semester Break
			Semester Break
			Semester Break
		6	Types of Correlation with examples
		7	Types of Correlation with examples
	09-12-2019	8	Method of studying correlation
4	То	9	Method of studying correlation
	13-12-2019	10	Sample Problem Analysis
	15-12-2017	11	Sample Problem Analysis
		12 Dec	Arts Day
		13 Dec	Arts Day
	16-12-2019	12	Karl Pearson correlation coefficient
5	To	13	Problems and properties of correlation
		14	Concept of Rank correlation

No of Weeks	Dates	Session	Торіс
	20-12-2019	15	Concept of Rank correlation
		20 Dec	Christmas Celebration
			Christmas – Holiday
			Christmas – Holiday
	23-12-2019		Christmas – Holiday
6	To		Christmas – Holiday
	28-12-2019		Christmas – Holiday
	20-12-2019		Christmas – Holiday
			Christmas – Holiday
		16	Spearman Rank correlation coefficient
	30-12-2019	17	Problems of rank correlation
7	То	18	Unit test of first module
· ·	03-01-2020	19	Important questions of first module discussion
	03-01-2020	02 Jan	Mannam Jayanthi – Holiday
		20	Revision
		21	Exam
	06-01-2020	22	II – Regression Analysis
8	To 10-01-2020	23	Fitting of Forms of linear regression
0		24	Principle of Least square method
		25	Derivation and solving Problems
		26	Derivation and solving Problems
	13-01-2020	27	Types of regression
		28	Theorems and relationships between Correlation and regression.
9	То	29	Regression coefficients properties
	17-01-2020	30	Revision
		31	Revision
		32	Unit test -II module
		20 Jan	First Internal II Semester UG
	20-01-2020		First Internal II Semester UG
10	To 24-01-2020 24-01-2020	22 Jan	First Internal II Semester UG
		33	III-Index numbers and Timeseries
		34	Meaning and use of index numbers
		35	Simple and weighted index numbers
	27-01-2020	36	Simple and weighted index numbers
11	27-01-2020 To	37	Types of index numbers
11	31-01-2020	38	Laspyer's index number
	31-01-2020	39	Problems of Laspyer 's index number

No of Weeks	Dates	Session	Торіс
		40	Problems of Laspyer 's index number
		41	Problems of Laspyer 's index number
	03-02-2020	42	Fishers index numbers
12	То	43	Test for good index number
	07-02-2020	44	Cost of living index numbers
		45	Cost of living index numbers
	10-02-2020	46	Definition and use of Time series
13	To	47	Concept and components of Time series
15	14-02-2020	48	Concept and components of Time series
	14-02-2020	49	Measurements of secular trend
		50	Problems of secular trend
	17-02-2020	51	Problems of secular trend
14	То	52	Moving average method and least squaare method.
	22-02-2020	21 Feb	Mahasivaratri – Holiday
		53	Moving average method and least squaare method.
		24 Feb	College Day
	24-02-2020	54	Problems of Least square
15	То	55	Problems of Least square
	28-02-2020	56	Revision
		57	Unit test -III rd module
		58	IV – Vital Statistics
	02-03-2020	59	Sources of vital statistics
16	То	60	Rates and ratios
	07-03-2020	61	Rates and ratios
		62	Various measures of fertility
		63	Problems of CBR,ASFR
	09-03-2020	64	Problems of CBR,ASFR
17	То	65	Various measures of mortality
	13-03-2020	66	Problems of CDR,ASDR
		67	Problems of CDR,ASDR
		68	GRR concept
18	16-03-2020	69	NRR concept
	То	70	Revision
	20-03-2020	71	Unit Test _
		72	Revision
	23-03-2020	23 Mar	Second Internal II Semester UG
19	23-03-2020 To		Second Internal II Semester UG
	10		Second Internal II Semester UG

No of Weeks	Dates	Session	Торіс
	27-03-2020		Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
			Study Leave
	30-03-2020		Study Leave
20	To 03-04-2020		Study Leave
20			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin

Subject Code:	2 C 02 PSY	
Subject Name:	Physiological Psychology	
No. of Credits:	3	
No. of Contact Hours:	72	
Hours per Week:	4	
Name of the Teacher:	Sr. Leema Jacob	

- 1: Understand Chromosomal Anomalies & Disorders.
- 2: Analyze evolutionary and genetic perspectives of behavior
- 3: Describe sensory system and its functioning
- 4: Identify sensation in relation to perception.
- 5: Explain pain behaviour and common disorders related to sensory organs.

Module –I:

Unit I : Evolutionary & Genetic Perspectives of Behavior

Physiological psychology in brief, Evolution of behaviour – Darwin's evolutionary theory, common misconcepts about evolution. Mendalian genetics – Gene, genotype & phenotype, dominant & recessive gene, chromosomes & crossing over, structure of chromosomes, autosomes and sex – linked gene, mutation, gene and behaviour.

Module – II:

Unit II : Chromosomal Anomalies & Disorders

Autosomal anomalies - Down syndrome, Edward syndrome, Cri du chat syndrome. Sex chromosomal anomalies - Klinefilters and Turners syndrome.

Module – III:

Unit III: Visual System

Stimulus for vision – physical & psychological dimension, structure of eye, receptors in the retina, structure and processing on the retina, receptive field, colour perception, theories of colour perception, coding of colour, colour blindness, disorders of visual system, visual attention.

Module – IV:

Unit IV: Auditory & Vestibular System

Auditory system: – nature of auditory stimuli- physical & psychological dimension, anatomy& function of auditory system, pitch perception, disorders of auditory system. Vestibular system: – anatomy and function, disorders of vestibular system.

Module – V:

Unit 5: Somato-Sensory, Olfactory & Gustatory System

Olfactory system: – nature of odour, anatomy and function of olfactory system, disorders of olfactory system, accessory olfactory system, vemoronasal sensation & pheromones. Somatosensory system - somatosensory receptors, neural coding for touch; pressure; temperature, kinesthetic – coding position & movement. Pain stimuli, gate theory of pain, ways to reliving pain, sensitization of pain, disorders of somatosensory system. Gustatory system: – nature of taste stimuli, taste receptor – mechanism of taste receptor, taste coding in the brain, individual differences, disorders of taste system.

Prescribed Textbook

- 1. Levinthal, C. F. (1990). Introduction to physiological psychology (3rd ed.). USA: Pearson education, Inc.
- 2. Wagner, H., Silber, K. (2004). Physiological psychology. New York: BIOS Scientific publishers.
- 3. Wilson, J .F. (2003). Biological foundation of human behaviour. U S A : Wadswoth Thomson learning, Inc
- 4. Plomin, R., DeFries, J.C., McClearn, G.E., McGuffin, P. (2001). Bhavioural genetics (4th ed). New York: Worth publishers

Books for Reference

- 1. Muhammed, J. (2005). Physiological psychology. New Delhi: APH Publishing corporation.
- 2. Pinel, J.P.J.(2007). Basics of psychology. USA: Pearson education, Inc

No of Weeks	Dates	Session	Торіс
1		1	Course introduction
		19 Nov	Union Inauguration
	18-11-2019 To	2	Evolutionary & Genetic Perspectives of Behavior Physiological psychology in brief, Evolution of behaviour Darwin's evolutionary theory
	23-11-2019	3	Common misconcepts about evolution
		4	Mendalian genetics
		5	Gene
		23 Nov	Sports Day
			Semester Break
			Semester Break
			Semester Break
	25-11-2019		Semester Break
2	То		Semester Break
	29-11-2019		Semester Break
			Semester Break
	01-12-2019 To 05-12-2019		Semester Break
3			Semester Break
~			Semester Break
		6	Genotype & phenotype
		7	Dominant & recessive gene.
	09-12-2019	8	Chromosomes & crossing over
4	То	9	Structure of chromosomes
	13-12-2019	10	Autosomes and sex – linked gene
		11	Mutation
		12 Dec	Arts Day
		13 Dec	Arts Day

No of Weeks	Dates	Session	Торіс
5		12	Gene and behaviour
	16-12-2019	13	Revision
	То	14	Class test
	20-12-2019	15	Chromosomal Anomalies & Disorders
		20 Dec	Christmas Celebration
			Christmas – Holiday
			Christmas – Holiday
	23-12-2019		Christmas – Holiday
6	То		Christmas – Holiday
	28-12-2019		Christmas – Holiday
	20-12-2017		Christmas – Holiday
			Christmas – Holiday
		16	Autosomal anomalies
	30-12-2019	17	Down syndrome
7	То	18	Edward syndrome
,		19	Cri du chat syndrome
	03-01-2020	02 Jan	Mannam Jayanthi – Holiday
		20	Sex chromosomal anomalies
	06-01-2020 To 10-01-2020	21	Klinefilters syndrome.
		22	Turners syndrome.
		23	Revison
8		24	Class test
		25	Visual System
		26	Stimulus for vision
	13-01-2020	27	Physical & psychological dimension
		28	Structure of eye
9	To	29	Receptors in the retina
9		30	Structure and processing on the retina
	17-01-2020	31	Receptive field
		32	Colour perception
10		20 Jan	First Internal II Semester UG
	20-01-2020		First Internal II Semester UG
	20-01-2020 To	22 Jan	First Internal II Semester UG
		33	Theories of colour perception
	24-01-2020	34	Coding of colour
		35	Colour blindness

No of Weeks	Dates	Session	Торіс
		36	Disorders of visual system
	27-01-2020	37	Visual attention
11	То	38	Revision
	31-01-2020	39	Class test
		40	Seminar presentation
		41	
	03-02-2020	42	Seminar presentation
12	То	43	Seminar presentation
	07-02-2020	44	Auditory & Vestibular System
		45	Auditory system
	10-02-2020	46	Nature of auditory stimuli
13	To	47	Physical & psychological dimension
15	14-02-2020	48	Anatomy& function of auditory system
	14-02-2020	49	Pitch perception
		50	Disorders of auditory system.
	17-02-2020	51	Vestibular system
14	То	52	Anatomy and function
	22-02-2020	21 Feb	Mahasivaratri – Holiday
		53	Disorders of vestibular system
		24 Feb	College Day
	24-02-2020	54	Somato-Sensory system
15	То	55	Olfactory & Gustatory System
	28-02-2020	56	Olfactory system
		57	Nature of odour
		58	Anatomy and function of olfactory system
	02-03-2020	59	Disorders of olfactory system
16	То	60	Accessory olfactory system
10	07-03-2020	61	Vemoronasal sensation
	07-05-2020	62	Pheromones
		63	Somato-sensory system
	09-03-2020	64	
17	То	65	Somatosensory receptors
	13-03-2020	66	Neural coding for touch
		67	Pressure and temperature
18	16-03-2020	68	Kinesthetic – coding position & movement

No of Weeks	Dates	Session	Торіс
	То	69	Pain stimuli, gate theory of pain, ways to reliving pain
	20-03-2020	70	Sensitization of pain, disorders of somatosensory system.
		71	Gustatory system: – nature of taste stimuli, taste receptor – mechanism of taste receptor
		72	Taste coding in the brain, individual differences, disorders of taste system
		23 Mar	Second Internal II Semester UG
	23-03-2020		Second Internal II Semester UG
10	19 To 27-03-2020		Second Internal II Semester UG
19			Second Internal II Semester UG
			Second Internal II Semester UG
			Second Internal II Semester UG
	20 30-03-2020 To 03-04-2020		Study Leave
			Study Leave
20			Study Leave
20			Study Leave
			Study Leave
			Study Leave
21	06-04-2020	06 April	University Exam II Semester UG Begin