



K21P 0280

Reg. No. : .....

Name : .....



IV Semester M.S.W. Degree (C.B.S.S. - Reg./Suppl. (Including Mercy  
Chance)/Imp.) Examination, April 2021  
(2014 Admission Onwards)  
Specialization – 1

Optional (A) : MEDICAL AND PSYCHIATRIC SOCIAL WORK (MPSW)  
MSW4C16 : Therapeutic Information for Social Workers

Time : 3 Hours

Total Marks : 40

PART – I

Answer **all** questions. **Each** question carries **two** marks. (4×2=8)

1. Define fixation with examples.
2. Define the concepts of congruence and incongruence.
3. Explain the concept Defense mechanism.
4. Explain the concepts of reinforcement and punishment.

PART – II

Answer **any four** questions in less than **200** words. **Each** question carries **four** marks. (4×4=16)

5. Write a short note on Adlerian Therapy.
6. Differentiate between Classical Conditioning and Operant Conditioning.
7. Explain the relevance of Person Centered Counselling.
8. Explain Transactional Analysis.
9. Elaborate on Cognitive restructuring techniques.
10. Write a short note on Cognitive Behaviour Therapy.
11. Elaborate on Reality therapy techniques.
12. Write a note on Multigenerational Family Therapy.

P.T.O.



## PART – III

Answer **any two** questions in less than **800** words. **Each** question carries **eight** marks. (2×8=16)

13. Erikson believed people experience a conflict that serves as a turning point in development. How did Erikson explain these conflicts in his theory?
  14. "The consequences of behavior determine the probability that the behavior will occur again." Explain the given statement in the light of the theory of Skinner and highlight the components of this theory used in Behaviour Therapy.
  15. Early experiences play a large role in personality development and continue to influence behavior later in life. Substantiate the given state with the help of the Freudian theory.
  16. Write an essay on Psychotherapy and different types of Psychotherapy.
  17. Write an essay on Cognitive therapy and its types.
  18. Write an essay on Humanistic - Existential Therapy and its types.
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