



K25P 2940

Reg. No. :

Name :

III Semester M.Sc. Degree (C.B.C.S.S.-OBE – Reg./Supple./Imp.)

Examination, October 2025

(2023 Admission Onwards)

COUNSELLING PSYCHOLOGY

Elective Course

MSCPS03E02 : Addiction Counselling

Time : 3 Hours

Max. Marks : 60

SECTION – A

Answer **any five** questions. **Each** carries **3** marks.

1. Explain self-help groups.
2. What are hallucinogens ?
3. Explain gaming and gambling.
4. Detail on categories of stimulants.
5. What is pornography ?
6. What is AA ?

(5×3=15)

SECTION – B

Answer **any three** questions. **Each** carries **5** marks.

7. Detail on crisis intervention.
8. Elaborate on parental mental health.
9. Explain the techniques in family counselling.

P.T.O.



10. Discuss the additive features of opioids.
11. Explain the internal and external sources of influence in addition. (3×5=15)

SECTION – C

Answer **any three** questions. **Each** carries **10** marks.

12. Elaborate on the neurobiology of addiction.
13. Detail on categories of depressants and its addictive features.
14. Discuss on technology related addictive behaviour in children.
15. Explain individual counselling and treatment plan for an adolescent with internet addiction.
16. Discuss on therapies provided for substance abuse. (3×10=30)

