



K25P 3569

Reg. No. :

Name :

I Semester M.Sc. Degree (C.B.C.S.S. – O.B.E. – Reg./Supple./Imp.)

Examination, October 2025

(2023 Admission Onwards)

COUNSELLING PSYCHOLOGY

MSCPS01C02 : Theories of Personality

Time : 3 Hours

Max. Marks : 60

SECTION – A

Answer **any five** of the following. **Each** question carries **3** marks. Answer should **not** exceed **100** words.

1. Describe Frustration-Aggression hypothesis.
2. Characteristics of self actualizers.
3. Define locus of control and its types.
4. Types of reinforcement.
5. Conditions for observational learning.
6. Describe behaviour potential.

(5×3=15)

SECTION – B

Answer **any three** of the following questions. **Each** question carries **5** marks.

7. How does Jung differentiate between the personal unconscious and the collective unconscious ?
8. Describe Aristotle's concept of the psyche and explain why he is considered the first biological psychologist.

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9. Explain Alfred Adler's theory of birth order and its significance in the development of personality.
10. Describe Sheldon's theory of somatotypes and explain how each body type is associated with personality traits.
11. Discuss the concept of personality based on any one of the eastern perspectives. (3×5=15)

SECTION – C

Answer **any three** of the following. **Each** question carries **10** marks.

12. While Allport focused on uniqueness, Cattell emphasized quantification and structure in personality. Discuss this statement with reference to their respective theories of traits.
 13. Erikson viewed human development as a lifelong process governed by psychosocial conflicts. Discuss this statement with suitable examples.
 14. Explain the major corollaries of Kelly's theory and their implications for understanding individual differences in personality.
 15. Critically evaluate Rogers' view that behavior is guided more by present needs and actualization than by past experiences.
 16. "Sufism is the path of the heart." Explain this statement with reference to the Sufi principles of love, devotion, service and remembrance of God. (3×10=30)
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