

Reg. No.:	
Name :	

## Third Semester M.S.W. Degree (Reg./Suppl./Imp.) Examination, October 2018 (2014 Admn. Onwards) MSW3E03: COUNSELLING SKILLS AND TECHNIQUES

Time: 3 Hours Max. Marks: 40

## PART - I

Answer any four questions. Each question carries two marks.

- 1. What do you mean by SWOT analysis?
- 2. Define Gestalt therapy.
- Explain the factors affecting the occupational stress.
- 4. Substantiate the meaning of group counselling.
- 5. What do you mean by observation in counselling?
- Substantiate the significance of research in counselling.

 $(4 \times 2 = 8)$ 

## PART - II

Answer any four questions in less than 200 words. Each question carries four marks.

- 7. What do you mean by NLP ? Give a critical analysis.
- 8. Define strategies and explain the strategies used I counselling.
- Substantiate the issues and challenges in the counsellor counselee relationship.
- Explain the process of sudden bereavement and explain the application of counselling in the process.

P.T.O.



- 11. Briefly discuss about the scope of counselling in de-addiction setting.
- 12. What are the major skills of a counsellor?
- Critically analyze the significance of non verbal behaviours in counselling with citations of steps in counselling. (4x4=16)

## PART - III

Answer any two questions in less than 800 words. Each question carries eight marks.

- 14. List out and prepare a detailed essay on the qualities of a counsellor.
- 15. Give an account on the types of disasters and explain the possibility of counselling in managing them.
- Write an essay on the issues and challenges of counselling in the educational setting in Kerala in the light of the school based suicides or atrocities. (2x8=16)