



K22P 1600

Reg. No. :

Name :



I Semester M.Sc. Degree (CBSS – Reg./Sup./Imp.) Examination, October 2022
(2019 Admission Onwards)

COUNSELLING PSYCHOLOGY
PSY1-C04 : Fundamentals of Counselling

Time : 3 Hours

Max. Marks : 60

PART – A

Answer **any five** of the following. **Each** answer should not exceed 100 words.
All questions carry **equal** marks.

1. Initial disclosure.
2. Paraphrasing.
3. Immediacy.
4. Active listening.
5. Advanced empathy.
6. Rapport.
7. Outcome goals.

(5×2=10)

PART – B

Answer **any two** of the following. **Each** answer should not exceed 200 words.
All questions carry **equal** marks.

8. Counsellor initiated termination.
9. Action planning.
10. Supervisor skills.

(2×5=10)

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PART – C

Answer **any two** of the following. **Each** answer should **not** exceed **400** words.
All questions carry **equal** marks.

11. Describe the issues faced during the termination of counselling relationship.
12. Describe about the significance of counselling work space.
13. Narrate about the importance of initial interviews. (2×8=16)

PART – D

Answer **any two** of the following. **Each** answer should **not** exceed **600** words.
All questions carry **equal** marks.

14. Describe about the historical evolution of counselling profession.
 15. Narrate about the importance of initial interviews in counselling.
 16. How important is counselling process in helping a counselee ?
 17. Explain about the stages of counselling process. (2×12=24)
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