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V Semester B.Sc. Degree (C.B.C.S.S. – O.B.E. – Regular/Supplementary/
Improvement) Examination, November 2025
(2019 to 2023 Admissions)

CORE COURSE IN PSYCHOLOGY
5B09PSY: Lifespan Development – 2

Time: 3 Hours

Max. Marks: 40

SECTION - A

Answer the following. Each question carries 1 mark.

- Define precocious puberty.
- 2. Identify the characteristic features of intimacy.
- 3. Define menopause.
- 4. How would you characterize the Young-old?
- 5. Identify the salient feature of adolescent sexuality.
- 6. What is the role of estradiol in puberty?

 $(6 \times 1 = 6)$

SECTION - B

Answer any six of the following. Each question carries 2 marks.

- 7. What kind of changes take place in adolescents relationships with their families ?
- 8. Uśing Erik Erikson's theory, how would you describe development during early adulthood?
- 9. Describe the nature of intelligence during middle adulthood.
- 10. What changes take place in personality among older adults?

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- 11. Briefly describe the puberty growth spurt.
- 12. Evaluate the needs of middle adults in relation to finding meaning in life.
- 13. Describe pragmatic thinking.
- Explain the consequences of insecure attachment styles during early adulthood. (6×2=12)

SECTION - C

Answer any four of the following. Each question carries 3 marks.

- 15. Explain the effects of puberty changes.
- 16. Describe Sternberg's theory of love.
- 17. Discuss the vocational adjustments during middle adulthood.
- 18. Briefly describe the development of identity during adolescence .
- 19. Puberty brings in a lot of concern and dissatisfaction among early adolescents. Explain.
- 20. Write a short note on Kubler-Ross stages of dying

 $(4 \times 3 = 12)$

SECTION - D

Answer any two of the following. Each question carries 5 marks.

- 21. Summarize the cognitive changes during adolescence.
- 22. Critically evaluate Gottman's findings for building successful marriages.
- 23. Elaborate on adult stage theories.
- 24. Reflect upon the major changes in late adulthood.

 $(2 \times 5 = 10)$