



K24P 1129

Reg. No. :

Name :

Second Semester M.S.W. Degree (C.B.C.S.S. – OBE – Regular)
Examination, April 2024
(2023 Admission)

MWMSW02C13 : COUNSELLING SKILLS AND TECHNIQUES

Time : 3 Hours

Max. Marks : 40

PART – A

Answer **any five** questions. **Each** question carries **two** marks.

1. Define NLP with its scope.
2. What do you mean by confidentiality ?
3. Explain Referral Service with suitable examples.
4. Substantiate the significance of ethics in counselling.
5. Define and explain how Catharsis can be used in counselling.
6. Explain how Music Therapy can be used.

(5×2=10)

PART – B

Answer **any three** questions. **Each** question carries **four** marks.

7. Write an account on the legal aspects in counselling with illustrations.
8. List out explain the types and uses of report writing and maintaining in counselling.
9. What are the factors that can affect the counsellor counselee relationship ?
10. Define transference and countertransference. Give examples and differentiate them.
11. Explain gestalt therapy and explain how that can be used in problem solving.

(3×4=12)

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PART – C

Answer **any three** questions. **Each** question carries **six** marks.

12. Explain behavioural disturbances and substantiate how counselling can be used to manage the issue.
13. Critically review Transactional Analysis and explain its application in the counselling process.
14. Write an essay on the solution focused therapy and its scope in social work.
15. Define Trauma and explain the process and significance of counselling in managing that.
16. Elaborate the roles and functions of a counsellor in the context of helping refugees.

(3×6=18)

