



K23U 0535

Reg. No. :

Name :

**VI Semester B.Sc. Degree (CBCSS-OBE-Regular/Supplementary/
Improvement) Examination, April 2023
(2019 and 2020 Admissions)
CORE COURSE IN PSYCHOLOGY
6B15PSY : Counselling Psychology**

Time : 3 Hours

Max. Marks : 40

PART – A

Define the following. Answer **all** questions. **Each** carries **1** mark.

(6×1=6)

1. Confidentiality.
2. Sexism.
3. Empathy.
4. Non-maleficence.
5. Minority stress.
6. Paraphrasing.

PART – B

Write short notes on **any six** of the following. **Each** carries **2** marks.

(6×2=12)

7. Confrontation.
8. Types of guidance.
9. The principle of fidelity.
10. In-depth exploration.
11. Career counselling.
12. Goals of counselling.
13. Third phase of life.
14. Self- disclosure.

P.T.O.



PART – C

Write answers on **any four** of the following in **not** less than **150** words. **Each** carries **3** marks. (4×3=12)

15. Elaborate on informed consent.
16. Describe the concern in counselling women.
17. What are the qualities of an effective counsellor ?
18. Determine the boundaries of competence of a counselor.
19. Briefly explain group counselling.
20. Discuss the challenges of counselling the aged.

PART – D

Answer **any two** of the following in **not** more than **300** words. **Each** carries **5** marks. (2×5=10)

21. Define Guidance. Discuss the characteristics and goals of guidance.
 22. Explain the ethical standards in assessment.
 23. What is family counselling ? Explain different family issues discussed by clients.
 24. Discuss the stages of counselling.
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