



K21P 4208

Reg. No. :

Name :



I Semester M.Sc. Degree (C.B.S.S. – Reg./Supple./Imp.)
Examination, October 2021
(2018 Admission Onwards)
COUNSELLING PSYCHOLOGY
PSY 1 – C04 : Fundamentals of Counselling

Time : 3 Hours

Max. Marks : 60

PART – A

Answer **any five** of the following. **Each** answer should **not** exceed **100** words.
All questions carry **equal** marks.

1. Enhancing coping skills
2. Confidentiality
3. Initial disclosure
4. Diagnosis
5. Reflection skills
6. Active listening
7. Reframing.

(5×2=10)

PART – B

Answer **any two** of the following. **Each** answer should **not** exceed **200** words.
All questions carry **equal** marks.

8. Indications for referral
9. Counsellor – initiated termination
10. Non verbal skills of an efficient counsellor.

(2×5=10)

P.T.O.



PART – C

Answer **any two** of the following. **Each** answer should **not** exceed **400** words.
All questions carry **equal** marks.

11. Explain the major areas to be assessed of a client in a counselling session.
12. Discuss the supportive tools for engagement in counselling process.
13. Explain different issues related to termination. (2×8=16)

PART – D

Answer **any two** of the following. **Each** answer should **not** exceed **600** words.
All questions carry **equal** marks.

14. Illustrate the skills for deepening relationship in counselling.
 15. Describe the different theoretical models we use in counselling process.
 16. Explain different stages of counselling process and the possible difficulties associated with each stage.
 17. Imagine a client with poor academic performance and write in detail about the assessments you would plan and the goals you set while doing counselling with him/her. (2×12=24)
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