



K24P 3930

Reg. No. : .....

Name : .....

I Semester M.Sc. Degree (C.B.C.S.S. – O.B.E. – Reg./Supple./Imp.)  
Examination, October 2024  
(2023 Admission Onwards)  
COUNSELLING PSYCHOLOGY

MSCPS 01C03 : Fundamentals of Counselling Psychology

Time : 3 Hours

Max. Marks : 60

SECTION – A

Answer **any five** of the following. **Each** question carries 3 marks. Answer should not exceed 100 words. (5×3=15)

1. Define counselling and list out the major goals of counselling.
2. Explain transference and counter transference in counselling process.
3. Mention the functions of open and closed ended question in counselling.
4. List out any 3 verbal skills showing active listening.
5. Explain the importance of termination skills in group counselling.
6. Confidentiality.

SECTION – B

Answer **any three** of the following questions. **Each** question carries 5 marks. (3×5=15)

7. How probing and leading techniques help to understand the client.
8. Illustrate the effective use of non-verbal behaviour in counselling.
9. Differentiate between process goals and outcome goals.
10. Explain the process of ethical decision making.
11. Discuss the importance of handling resistance and confrontation in the process of group counselling.

P.T.O.



SECTION – C

Answer **any three** of the following. **Each** question carries **10** marks. (3×10=30)

12. Analyze the importance personal qualities Counsellor.
13. Examine the role of active listening and empathy as foundational skills of counselling.
14. Explain the stages of Counselling.
15. Evaluate the challenges faced by Counsellor, in different stages of group counselling.
16. Specify the role of supervision in counselling.

